

# "A Spiritual Exercise in Futility"

## Romans 7:14-25

This passage explains the conflict between the two natures of the believer and the impossibility of finding deliverance from the power of the indwelling sin nature through the believer's own strength.

\*What does the phrase "an exercise in futility" mean?

### I. THE INITIAL INFORMATION

1. This passage describes the spiritual experience of Paul \_\_\_\_\_ he was saved.
2. This passage describes a \_\_\_\_\_ spiritual experience of many believers in Christ.
3. The word "sin" is a \_\_\_\_\_, that is \_\_\_\_\_, and normally has the \_\_\_\_\_ preceding it, referring to the \_\_\_\_\_

### II. THE CONFLICT EXPLORED (v 14)

1. The Law is \_\_\_\_\_, Paul (in his Adamic nature) is Carnal, \_\_\_\_\_
2. Sold---

### III. THE CONFLICT EXPOSED (vv 15-16)

1. For what I am doing, I do not \_\_\_\_\_
2. **The Principle:** The Christian life cannot be lived by your sheer \_\_\_\_\_ and \_\_\_\_\_

### IV. THE CONFLICT EXPLAINED (vv 17-20)

1. The source of the failure is the \_\_\_\_\_
2. **The Reality:** Nothing in your sin nature is \_\_\_\_\_

3. **The Frustration:** Your New Nature \_\_\_\_\_ righteousness but has no \_\_\_\_\_ to produce it

## V. THE CONFLICT ELUCIDATED (vv 21-23)

1. **Principle #1:** Resident in every believer is the presence of \_\_\_\_\_ (the sin nature), along with the desire to do \_\_\_\_\_ (due to the new nature)
2. **Principle #2:** There is a constant \_\_\_\_\_ within every believer, and the right \_\_\_\_\_ and \_\_\_\_\_ are no match for the flesh.

## VI. THE CONFLICT EXTINGUISHED (vv 24-25)

1. Winning the conflict over the sin nature includes admitting your \_\_\_\_\_
2. Winning the conflict over the sin nature includes \_\_\_\_\_ acknowledging your need for deliverance.
3. Winning the conflict over the sin nature includes \_\_\_\_\_ upon Christ

\* How does all this apply to you?