

... *Therefore* (Ephesians 4:1)

- I. **Coming Down from the Mountain Top**
 - A. Illustration: Mt. Transfiguration
 - B. The Mountain top of Ephesians chapters 1-3
 - C. The *therefore* in Eph 4:1 tells us we must come down
 - D. Read the text: Ephesians 4:1-6

- II. ***Therefore* in the Scripture – what’s it there for?**
 - A. Rom 12:1
 - B. Matt 18:4
 - C. Matt 28:19
 - D. Acts 17:12
 - E. Rom 6:12
 - F. Rom 9:18
 - G. 2 Cor 12:10
 - H. Heb 4:12
 - I. Heb 10:19

- III. ***Therefore* in Ephesians – a hinge in the text**
 - A. There must be no separation between doctrine and practice
 1. Eph 4:4-6
 2. John 13:17 “... *blessed are you if you do them.*”
 3. Ezekiel 11:19-20 “... *keep my judgments and do them*”
 4. 2 Cor 5:17 “... *he is a new creation, the old is past away*”
 - B. How do we live AFTER the *therefore*?
 1. *lowliness* (humility toward God)
 2. *gentleness* (mild, quiet restraint before men)
 3. *long-suffering* (patient)
 4. *bearing with one another in love*

- IV. **Application**
 - A. To the non- Christian
 1. Christ has come, *therefore* repent and believe
 - B. To the Christian
 1. Learn how to read Scripture correctly (imperatives in light of indicatives)
 2. *Therefore* introduces us to the doctrine of sanctification.
 3. Pay attention to what comes AFTER the *therefore* and live in accordance with the exhortation
 4. Are you regularly living AFTER the *therefore*?
 - C. At home: Read the first three chapters of Ephesians again
Do you believe the truths taught?
How *therefore* shall you live?