

## ***A Worthy Walk (Ephesians 4:1-2)***

### **I. Introduction**

- A. Will the real Jesus please stand up!
  - 1. *A Mighty Fortress* vs. *Gentle Jesus, Meek and Mild*
  - 2. Matt 11:29 vs. Matt 10:34
  - 3. Matt 12:19-20 vs. Matt 23:27
  - 4. Matt 21:5 vs. Mark 11:15-16
  - 5. Isaiah 53:7 vs. Rev 19:15-16
- B. A Review of the Text: Eph 4:1-6
  - 1. Paul
  - 2. *Walk worthily*: The leading imperative for the last three chapters
  - 3. What does a *worthy walk* look like – 3 qualities:  
*lowliness, gentleness, long-suffering*

### **II. *Walk Worthy of the Calling***

- A. worthy
- B. calling
- C. walk

### **III. Three character qualities essential for unity**

- A. *Lowliness* (humility)
  - 1. modesty of mind
  - 2. a derogatory term associated with slaves
  - 3. exemplified in Christ (Phil 2:5-11)
  - 4. opposite of pride (which leads to contention)
- B. *gentleness* (meekness)
  - 1. a willingness to surrender rights
  - 2. has a positive connotation thanks to Aristotle
  - 3. gentleness of the strong
  - 4. control over passions

*While the humble man thinks little of his personal merit,  
the meek man thinks little of his personal claim.*

- 5. a willingness to gently confront sin
- 6. one who knows himself to be the ‘chief of sinners.’
- C. *Long-suffering* (patience)
  - 1. particularly displayed to people (just as God’s patience)
  - 2. impatience breeds division

### **IV. Application**

- A. Unity in a church is established by character, not programs
  - 1. universal church unity through signing treaties
  - 2. local church unity through internal programs
- B. The final goal of all of this is to display the glory of God!