Hebrews 4:1-3	
Do you want to be a part of a healthy church, then do your part: encourage one another. Hebrews	
If you don't want others to check on your soul, encourage you, or keep you from being deceived by sin, then you might be at the wrong church. Hebrews	
What does an event that happened 1400 years ago have to do with the people that Hebrews is written to, or even us today? Everything. Hebrews	
Will I fall away or will enter? Hebrews	

1 John 2:19]
They went out from us, but they were not of us; for if they had been of us,	
they would have continued with us. But they went out, that it might become	
plain that they all are not of us.	
Hebrews	
1 John 2:3]
And by this we know that we have come to know him, if we keep his	
commandments. Whoever says "I know him" but does not keep his	
commandments is a liar, and the truth is not in him,	
Hebrews	
2 Corinthians 13:5]
Examine yourselves, to see whether you are in the faith. Test yourselves. Or do you not realize this about yourselves,	
that Jesus Christ is in you?—unless indeed you fail to meet the test!	
Hebrews	
A person on their way to the Promised Land will reflect where they are going	
even before they arrive.	
Hebrews	
The "rest" has to do with resting in the	
person and work of Jesus Christ. This rest is a complete status change, that	

follows regeneration. It is a faith that rest in salvation by grace alone,

through faith alone, by Christ alone.

Hebrews

However, this rest is also a place, as is made clear later in Hebrews.		
Hebrews		
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Hebrews 11:13-16		
Hebrews		
	י 	
Hebrews 12:18-24		
Hebrews		
	J	
How can we be both have arrived and be going to heaven at the same time?		
Hebrews		
We are to analyze ourselves and		
those traveling with us to make sure that everyone makes the journey to		
the place of God's rest.		
Telever		

If you are not straggling, but doing quite		
well at the moment, are you looking		
around to see who needs help, or are you		
so focused on your progress that you		
don't see the delay of those around you?		

Hebrews

Hebrews 3:12-13

Hebrews

The responsibility to care for one another is the obligation of every believer!

Hebrews

Romans 10:13-15

Hebrews

Hebrews 2:1-4

Hebrews

	Numbers 14:1-4	
	Hebrews	
	What good did the good news do for the	
	unbelieving Israelites?	
	Nothing.	
	Hebrews	
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	What good does the good news do for	
	professing Christians who are not believers?	
	Nothing.	
	Hebrews	
	Those who have believed, not the deceived enter into heaven.	
	deceived enter into heaven.	
	Hebrews	
	Did God keep his promise?	
	Hebrews	

Numbers 14:32-35 Hebrews	
Deuteronomy 2:14-18 Hebrews	

- 1. Some Christians become so busy ministering to others that they don't sufficiently inspect themselves. As busy as the Apostle Paul was at evangelizing, starting churches, and constantly preaching, he could have easily fallen into this trap. However, he was aware of his duties to his fellow man and to himself. Read 1 Corinthians 9:24-27 to see what he says about this. Which one of these do you tend to get out of balance, and what are some suggestions to keep both outreach and introspection balanced?
- 2. Hebrews 3:12-13 and 4:1 command believers to do all they can to make sure their fellow travelers are truly progressing to the ultimate promised land.
 - A. What has been your experience, in previous churches, regarding fellow church members who were drifting, slagging, or in the process of being deceived by sin?
 - B. Were you taught that you should do something about it, or were you taught that it was only the "church leaders" responsibility?
 - C. What are some reasons why church members do not take the spiritual health and care of their fellow church members more personally?
 - D. What are some things that you can do to increase your involvement with other members of the church so that you can better fulfill this role?
- **3.** As we have seen in Hebrews, entering into God's rest is a present reality, yet there is certainly a future completion to that rest as well that involves a real place and the blessed presence of us with God. Read John 14:1-6 as Jesus comforts his disciples about his departure.
 - A. Do you find some elements of present and future rest in this passage?
 - B. What comfort can you gain from this passage as well?