

**New Life Community Church Life-Lines  
Paul's Letter to the Galatians  
STAND IN THE FREEDOM CHRIST HAS WON FOR YOU  
Spirit-Wrought Self-Control  
(Galatians 5:23)**

**SCRIPTURE READING- Galatians 5:16-23**

I. The \_\_\_\_\_ of Self-Control- What is it?

1. It is a \_\_\_\_\_ of the \_\_\_\_\_  
The Greek word- 'egkrateia'- mastery (3 times in NT)

2. It is not ' \_\_\_\_\_ ' \_\_\_\_\_

**The Encratites ("self-controlled") were an ascetic 2nd-century sect of Christians who forbade marriage and counseled abstinence from meat. They did not acknowledge Paul's epistles. (1 Timothy 4:1-6).**

3. 'Spirit-wrought' self-control- Every \_\_\_\_\_ of

\_\_\_\_\_ is \_\_\_\_\_ under \_\_\_\_\_

\_\_\_\_\_. (2 Corinthians 3:17)

4. An antidote to the \_\_\_\_\_ of the \_\_\_\_\_  
(Galatians 5:19-21)

5. The \_\_\_\_\_ to \_\_\_\_\_ to \_\_\_\_\_,  
\_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ that are  
outside God's will (Titus 2:11-12)

## II. The \_\_\_\_\_ - Where Can It Be Found?

1. In \_\_\_\_\_ (Hebrews 6:18)

2. In \_\_\_\_\_

1. In \_\_\_\_\_

2. In the \_\_\_\_\_ (Matthew 4:1-11; Luke 4:1-3; 1 John 2:16; Genesis 3:1-6; John 5:19)

3. In His \_\_\_\_\_ (Mark 3:3-5; Luke 10:21)

4. In the \_\_\_\_\_ of \_\_\_\_\_ (Luke 22:41-42; Matt 26:37-46; John 10:17)

5. On the \_\_\_\_\_ (Matt 26:53; 27:34-43)

3. In the \_\_\_\_\_ - self-control that is \_\_\_\_\_

A. The \_\_\_\_\_ to be \_\_\_\_\_ has  
desired (1 Corinthians 9:24-25)

B. The \_\_\_\_\_ - according to truth  
(1 Corinthians 9:26-27)

C. The \_\_\_\_\_ (1 Corinthians 10:31)

II. The \_\_\_\_\_ - How to grow in it  
(Acts 24:24-25; 1 Corinthians 6:12)

**Be honest with yourself- Identify areas where you are  
not exercising self-control:**

1. \_\_\_\_\_ and \_\_\_\_\_ (Galatians 5:21;  
Philippians 3:17-19)

2. \_\_\_\_\_ (Galatians 5:21; 1 Corinthians  
6:12)

3. Our \_\_\_\_\_ (Galatians 5:19)

4. Our \_\_\_\_\_ (Genesis 4:6-7; Ephesians 4:26)

**Do well- Repent, trust Christ, Walk in the truth in the Spirit.**

5. Our \_\_\_\_\_ (James 3:2; Ephesians 4:29)

6. Our \_\_\_\_\_ (Ephesians 5:16)

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_ (Proverbs 6:4-11)

10. Your \_\_\_\_\_ \_\_\_\_\_ (Philippians 4:8-9)