

THE CAVE, PART 2

1 Kings 19

FACTOR #1: ELIJAH WAS PHYSICALLY _____

FACTOR #2: ELIJAH WAS IN THE _____ AFTER THE MOUNTAINTOP

FACTOR #3: ELIJAH ISOLATED HIMSELF FROM STRENGTHENING _____

FACTOR #4: ELIJAH INDULGED IN _____

FACTOR #5: ELIJAH WAS MISHANDLING _____

ADDITIONAL FACTORS MISSING FROM ELIJAH'S LIFE:

FACTOR #6: ELIJAH WAS NOT _____ GOD

FACTOR #7: ELIJAH WAS NOT _____ ANYTHING

STEP 1: GOD RESTORED ELIJAH'S _____ STRENGTH 19:5-8

- 1) God made sure that Elijah got badly needed _____ and _____. We also need _____
- 2) If none of the other solutions work, we may need to see a medical _____: our problem may be physical

STEP 2: GOD ALLOWED ELIJAH TO _____ WITHOUT JUDGING HIM 19:9-10

- 1) Sometimes we just want someone to see things from our perspective rather than try to _____ the situation
- 2) Allowing someone to vent gives _____ relief; the person feels better but it doesn't solve the problem

STEP 3: GOD DREW ELIJAH'S FOCUS BACK TO _____ 19:11-13

- 1) In v.11 God commanded Elijah to exit the cave and stand before Him, but he did not immediately _____
- 2) God sent a tornado, earthquake and lightning storm, but He was not in them: why? To get Elijah's _____
- 3) Elijah finally responded to the still, small voice, which was probably _____; it spoke as nothing else

STEP 4: GOD TAUGHT ELIJAH ABOUT HIS STANDARD _____ 19:11-13

- 1) Elijah's ministry was characterized by _____ and high drama, but it had failed to bring revival to Israel
- 2) God normally works in _____ in the human heart rather than in miracles and overwhelming experiences

STEP 5: GOD ASSIGNED ELIJAH SPECIFIC _____ TO ACCOMPLISH 19:15-17

- 1) The downward cycle of depression often begins when we feel bad for some reason, so we get nothing _____
- 2) Ignoring our responsibilities causes added _____ which makes us feel even worse, triggering the cycle
- 3) We can _____ and even reverse this downward cycle by getting one thing done, which causes good feelings

STEP 6: GOD HELPED ELIJAH FACE _____ 19:18

- 1) Vv. 10 & 14—Elijah was telling himself _____ based on the false perceptions fueled by his self-pity
- 2) We must compare what we are telling ourselves with what the _____ says and correct our self-talk with truth

STEP 7: GOD GAVE ELIJAH A _____ 19:19-21

- 1) By directing Elijah to anoint _____, God gave him someone to share his work, his passion—a kindred soul
- 2) Often when Elijahs arrive on the scene Elishas are busy plowing; they must recognized divine _____