



**COME ON GET HAPPY**  
**Happiness Is...**  
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**INTRODUCTION**

**A.** Isn't everyone searching for true happiness? We all know life is hard and these are difficult times. People are searching and wanting to know how they can find real happiness in a fake world. Does this sound like you? Are you unfulfilled and unhappy?

*"Therefore you now have sorrow; but I will see you again and your heart will rejoice, and your joy no one will take from you."*

John 16:22

**B.** Join me in this nine week series as we learn how to find real happiness in a fake world.

**TODAY** Happiness Is...

- Oct 10 Happy Are The Nobodies - Conquering Your Pride
- Oct 17 Happy Are The Sad - Healing Your Broken Heart
- Oct 24 Happy Are The Meek - Controlling Your Reactions
- Oct 31 Happy Are The Hungry - Satisfying Your Emptiness
- Nov 7 Happy Are The Merciful - Giving Your Heart
- Nov 14 Happy Are The Holy - Maintaining Your Purity
- Nov 21 Happy Are The Peacemakers - Resolving Your Conflict
- Nov 28 Happy Are The Harassed - Handling Your Persecution

**C. TEXT:** Matthew 5:1-16 (Pew Bible Page 4/New Testament)

Everyone wants to experience real happiness. Several years ago ABC's "20/20" conducted a poll and asked parents what they most wanted for their children. Of all the answers parents could have given, an overwhelming seventy-one percent said that their number one goal for their children was that they would live happy lives. A successful career came in far behind in second place at twelve percent.

Our Come On Get Happy campaign is a spiritual growth campaign that shows people how to find real happiness in a fake world by living the qualities described by Jesus in the Beatitudes (Matthew 5:1-16).

This campaign is for every person in our church and community, and it uses the power of alignment at three levels to help us put these happiness qualities into practice:

- Individual Level – we are providing a “Happy Guide” for each person which includes a Happy Memory Verse, Happy Thought, Happy Daily Readings, Happy Reflective Questions, Happy Activity and a Happy Prayer.
- Group Level – we are studying the Beatitudes together in our small groups.
- Congregational Level – we are having a series of nine sermons on the Beatitudes.

Imagine the impact in our lives if we all found real happiness in a fake world through this campaign.

**CONCLUSION:** Are you happy?

*“Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore.”* Psalm 16:11

## WHAT IS HAPPINESS?

### I. THE \_\_\_\_\_ WAY TO HAPPINESS

Having the right \_\_\_\_\_ (Ecclesiastes 2:1-11)

“I’m very active so I feel happy, peaceful and centered. When I’m travelling somewhere, flying or trekking I’m sure I’ll find a kind of peace, probably with age.” --Angelina Jolie

Solomon’s “Dead Ends To Happiness”:

#### A. Experiencing \_\_\_\_\_ (vs 1-3)

*“Wine is a mocker, strong drink is raging: and whosoever is deceived thereby is not wise.”* Proverbs 20:1

#### B. Obtaining \_\_\_\_\_ (vs 4-8)

*“And he said unto them, Take heed, and beware of covetousness: for a man's life consisteth not in the abundance of the things which he possesseth.”* Luke 12:15

#### C. Achieving \_\_\_\_\_ (vs 9-10)

*“This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.”* Joshua 1:8

The result: Vanity (v 11) which means \_\_\_\_\_

*“24 By faith Moses, when he was come to years, refused to be called the son of Pharaoh's daughter;*

*25 Choosing rather to suffer affliction with the people of God, than to enjoy the pleasures of sin for a season;”*

Hebrews 11:24-25

*“13 Let us hear the conclusion of the whole matter: Fear God, and keep his commandments: for this is the whole duty of man.*

*14 For God shall bring every work into judgment, with every secret thing, whether it be good, or whether it be evil.”*

Ecclesiastes 12:13-14

### II. THE \_\_\_\_\_ WAY TO HAPPINESS

Having the right \_\_\_\_\_ (Matthew 5:1-16)

*“If ye know these things, happy are ye if ye do them.”*

John 13:17

#### A. The key word: “Blessed” (Greek word makarios)

It means \_\_\_\_\_ and Jesus uses this word \_\_\_\_\_ times in this passage.

*“According to the glorious gospel of the blessed God,...”*

I Timothy 1:11a

#### B. The common name: “The Beatitudes”

There are eight attitudes that we must have in order to be happy.

- Happy Are The \_\_\_\_\_ (Matthew 5:3)
- Happy Are The \_\_\_\_\_ (Matthew 5:4)
- Happy Are The \_\_\_\_\_ (Matthew 5:5)
- Happy Are The \_\_\_\_\_ (Matthew 5:6)
- Happy Are The \_\_\_\_\_ (Matthew 5:7)
- Happy Are The \_\_\_\_\_ (Matthew 5:8)
- Happy Are The \_\_\_\_\_ (Matthew 5:9)
- Happy Are The \_\_\_\_\_ (Matthew 5:10-16)

The main lesson: Your happiness is not determined by what’s happening around \_\_\_\_\_, but what happening in \_\_\_\_\_.

*“...happy is that people, whose God is the LORD.”*

Psalms 144:15b