

# Sermon Outline

## The Good News about Discipline Hebrews 12:4-11

**Introduction:** Gymnast Simeone Biles' workout regime

**Context:** The importance of this text to the main themes of Hebrews

### 1. Acknowledge the reality of difficulties and trials (v. 4)

1 Pet 5:10, 1 Cor 4:17, 2 Tim 3:12, Phil 3:10, Heb 2:10, John 16:33  
Romans 8:28-39, 16-23

Theology of glory or theology of the cross?

### 2. Understand difficulties and trials as discipline (vs 5-11a)

Discipline or reproof? (vs 5-6, Prov 3:11-12)

London Baptist Confession Chapter 5 "Divine Providence"

Legitimate children (vs. 5-8)

Human vs. Divine discipline (vs. 9-10)

Excursus on fatherly discipline of children

### 3. The fruits of discipline (vs 10-11)

Holiness (v. 10)

The peaceful fruit of righteousness (v. 11)

### 4. Application

Is there something I need to repent of?

What ought to be my mindset toward trials?

How do seasons of trial make me more like Christ?

How might my trials be used to help others?

How does enduring discipline glorify God?