

## The Heidelberg Catechism

### **109. Does God forbid nothing more in this Commandment than adultery and such gross sins?**

Since both our body and soul are temples of the Holy Spirit, it is His will that we keep both pure and holy; therefore, He forbids all unchaste actions, gestures, words,<sup>1</sup> thoughts, desires,<sup>2</sup> and whatever may entice thereto.<sup>3</sup>

<sup>1</sup> 1 Cor 6:18-20; Eph 5:3-4; <sup>2</sup> Mt 5:27-30; <sup>3</sup> 1 Cor 15:33; Eph 5:18-19