

The Book of Matthew Message 17

“The Recipe for True Happiness: Humility”

Message Title: “The **Recipe** for True **Happiness: Humility**”

a. **God** is Blessed

Psalm 68:35 “O God, *thou art* terrible out of thy holy places: the God of Israel *is* he that giveth strength and power unto *his* people. Blessed *be* God.”

Psalm 72:17-19 “His name shall endure for ever: his name shall be continued as long as the sun: and *men* shall be blessed in him: all nations shall call him blessed. ¹⁸ Blessed *be* the LORD God, the God of Israel, who only doeth wondrous things. ¹⁹ And blessed *be* his glorious name for ever: and let the whole earth be filled *with* his glory; Amen, and Amen.”

1 Timothy 1:11 “According to the glorious gospel of the blessed God, which was committed to my trust.”

b. **Jesus** is Blessed

1 Timothy 6:15 “Which in his times he shall shew, *who is* the blessed and only Potentate, the King of kings, and Lord of lords;”

c. **Christians** are Blessed

2 Peter 1:3-4 “According as his divine power hath given unto us all things that *pertain* unto life and godliness, through the knowledge of him that hath called us to glory and virtue: ⁴ Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.”

Psalm 72:17 “His name shall endure for ever: his name shall be continued as long as the sun: and *men* shall be blessed in him: all nations shall call him blessed.”

I. Spiritual Humility is Spiritual **Destitution**

Romans 7:24 “O wretched man that I am! who shall deliver me from the body of this death?”

Ephesians 2:8-9 “For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: ⁹ Not of works, lest any man should boast.”

II. Spiritual Humility is Spiritual **Dependence**

III. Spiritual Humility is Spiritual **Cowering**

Luke 18:13 “**And the publican, standing afar off, would not lift up so much as his eyes unto heaven, but smote upon his breast, saying, God be merciful to me a sinner.**”

Isaiah 66:2 “For all those things hath mine hand made, and all those things have been, saith the LORD: but to this man will I look, even to him that is poor and of a contrite spirit, and trembleth at my word.”

IV. The **Humble** Application