

"Recognize and Reject Asceticism" (Colossians 2:20-23)

- I. THE SALUTATION TO THE COLOSSIANS (1:1-2)
- II. THE PRAYERS OF PAUL AND TIMOTHY FOR THE COLOSSIANS (1:3-14)
- III. THE PRE-EMINENCE OF CHRIST'S POSITION AND WORK (1:15-23)
- IV. THE PROPAGATION OF CHRIST'S WORK (1:23c-2:3)
- V. THE PROBLEM AND PROTECTION FROM FALSE TEACHING (2:4-23)

* What comes to mind when you hear the word "asceticism"?

A. Warning #1 (2:4)

* Beware lest anyone _____ through _____

B. Warning #2 (2:8)

* Beware lest anyone take you _____ through _____

C. Warning #3 (2:16)

* Beware of _____

D. Warning #4 (2:18)

* Beware of _____

E. Warning #5 (2:20-23)

* Beware of _____

* What is asceticism?

* Asceticism is the false belief that the blessings of God and the sanctifying of the soul come from the disciplining of the body

1. Paul's warning regarding asceticism is stated in the form of a _____

* Some Characteristics of asceticism to note:

a. The _____ of ascetic practices is _____

b. The _____ of ascetic practices is _____

* Basic principles

c. The _____ of asceticism is adherence to _____ rules and regulations

* Regulations

d. The _____ of asceticism is the _____ and the _____ instead of the _____ and the _____

2. The **BASIS** of rejecting asceticism is _____

* What has the believer died to?

3. The **PROBLEM** with asceticism is that it _____ you to man made ordinances

4. The **FUTILITY** of asceticism is that:

a. The perceived benefits are only _____

b. These practices only _____ to be spiritual

c. It is _____ religion

* self-imposed religion

d. It produces a _____ humility

e. It _____ the body

f. Does nothing to _____ you spiritually but only serves to indulge your _____

* What should this mean to You?