

Psalm 139:13–18

¹³ For You formed my inward parts; You covered me in my mother's womb.

¹⁴ I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works,
And that my soul knows very well.

¹⁵ My frame was not hidden from You, When I was made in secret, And skillfully
wrought in the lowest parts of the earth.

¹⁶ Your eyes saw my substance, being yet unformed. And in Your book they all were
written, The days fashioned for me, When as yet there were none of them.

¹⁷ How precious also are Your thoughts to me, O God! How great is the sum of them!

¹⁸ If I should count them, they would be more in number than the sand; When I awake, I
am still with You.

I am Fearfully and Wonderfully Made
Psalm 139:13-18

INTRO:

In our exploration of David's marvelous song of praise to God, we have discovered some tremendous theological truths about God. In the first stanza of his song, (**v. 1-6**) we learned our God is all-knowing or omniscient. David took this truth and made us feel its impact in every area of our lives. God knows when we sit down, when we get up, what we think before we think it, and even the words we are going to say before we say them. Then in stanza two (**verses 7-12**), David described how the God Who knows everything about us is also everywhere we could go. No one can run from God's presence because if we ascend to the highest point we could hypothetically climb to, God is there. Similarly, if we could dig down to the lowest point we could go, God is there also. If we could harness the first rays of light in the morning and ride at the speed of light to the farthest point from our current position we would find God already there and active in our lives.

The LORD's omniscience and omnipresence reaches to before we were even born. David told us about this in his third stanza.

I. You Knew Me before I Was Born (v. 13-16)

II. You Think About Me All The Time (v. 17-18)

I. You Knew Me before I Was Born (v. 13-16)

Psalm 139:13–16 *“For You formed my inward parts; You covered me in my mother’s womb. I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well. My frame was not hidden from You, When I was made in secret, And skillfully wrought in the lowest parts of the earth. Your eyes saw my substance, being yet unformed. And in Your book they all were written, the days fashioned for me, When as yet there were none of them.”*

A. David wanted us to think about how God’s omniscience and omnipresent functioned in our past. He wrote about before he was born. He says in **verse 13**. *“For You formed my inward parts; You covered me in my mother’s womb.”*

1. As I understand it the Hebrew literally says, *“You hold my inward parts in Your power.”* The idea is God not only holds them, He made them. David told us about the time after conception, when God was making us in our mother’s womb. When we were being formed in our mothers’ wombs, God was there. Have we ever thought of God’s omnipresence in this sphere?

2. The second phrase can also be taken in two ways. First, we can understand it as the NKJV translate it. God covered us with protection when we were most vulnerable and unable to protect ourselves in the womb. The second way we can understand this is that *“God weaving us together while we were in our mother’s womb.”* Both thoughts are true and both are comforting. Because David follows this with a verse of praise for how he was made, it seems best to think both phrases in this verse have to do with God forming us and making us!

3. Remember Jeremiah in **Jeremiah 1:4-5?**

“Then the word of the LORD came to me, saying: ‘Before I formed you in the womb I knew you; Before you were born I sanctified you; I ordained you a prophet to the nations.’”

When the LORD called Jeremiah as a prophet, God wanted him to know this was His design from before he (Jeremiah) was born. The LORD created Jeremiah to do this work.

4. We are not prophets or King David, what has that to do with us? This means God created each of us the way we are for the specific purpose we are to fulfill in His plan. It may not be as a pastor or missionary. Still, our Lord made you to fulfill the role you are doing in His church and in your work. You are not an accident. You are a part of the divine plan. God was there when you were made and God made you.

B. In **verses 14** through **16**, David breaks out into a chorus of praise – a doxology – for what God has done in his formation and life.

1. David praised God for what He did. As he looks at the finished product of what God made, he recognized this was a fearful and wonderful thing. When we think of the intricacies of the way our bodies function, we should understand our God did not do shoddy work in creating us.

2. ***“I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well.”***

We know how incredible the work of God is in creating us. David did not doubt he was God’s special creation. Some folks today foolishly think they were the result of the greatest freak accident in cosmic history. David knew God created him to be who he was.

3. In **verse 15**, David continued his praise by recognizing how the design and the structure of his body was put together masterfully. Spurgeon described this as God, like an artist, finishing His work before he brought it out to the public. Our God made us in secret to unveil us at our birth.

4. Not only did the LORD design our bodies, He created our entire lives and future for each of us.

“Your eyes saw my substance, being yet unformed. And in Your book they all were written, The days fashioned for me, when as yet there were none of them.”

What a great blessing to recognize each of us is a product of special creation. Even more than this, God knows the way we take. He determined the length of each of our lives and all the details of them. In **Psalm 56:8** we read the words David wrote in the midst of the enemies who surrounded him.

“You number my wanderings; put my tears into Your bottle; Are they not in Your book?”

The LORD knows the tears we shed, and the steps we take. He knows all these things.

II. You Think About Me All The Time (v. 17-18)

Psalm 139:17–18 ***“How precious also are Your thoughts to me, O God! How great is the sum of them. If I should count them, they would be more in number than the sand; When I awake, I am still with You.”***

A. David’s thoughts of praise to God for his own special creation take another direction. God gave a great deal of attention to His creating and designing David. But, God did not forget him once he was born.

B. This is an aspect of our relationship with the living God we may not think much about. David made three statements to describe God's constant watch care and oversight in his life.

“How precious also are Your thoughts to me, O God! How great is the sum of them! If I should count them, they would be more in number than the sand.”

1. In another **Psalm**, David wrote:

Psalm 40:5 ***“Many, O Lord my God, are Your wonderful works which You have done; And Your thoughts toward us cannot be recounted to You in order; If I would declare and speak of them, they are more than can be numbered.”***

God did not just create us, then wind us up, and let us go and never think about us again. David wrote, our eternal God thinks about us often and is intimately involved in the details of our lives.

2. The Lord Jesus himself gave us an example of how God thinks about us who are uniquely His.

Matthew 10:29–31 ***“Are not two sparrows sold for a copper coin? And not one of them falls to the ground apart from your Father’s will. But the very hairs of your head are all numbered. Do not fear therefore; you are of more value than many sparrows.”***

3. Do we recognize as we go through the day to day lives, our Lord's thoughts are constantly upon us? Do we understand God never leaves us alone and He is constantly watching over us? Is there a greater blessing we can have in this life?

C. Finally, David writes in **verse 18** ***“When I awake, I am still with You.”*** We might be prone to ask, "When did he fall asleep?" Did David lapse into some kind of a dream or vision to receive this truth? The fact is we don't know. Whatever the situation is, David was still in the presence of God. God's omniscience, sovereignty, and omnipresence were a constant reality to David and must also be to us.

What Thoughts Dos we take from this?

1. First, we were each as personally created as Adam was. There is a difference, but we were not just an accident made by our parents.

2. God loves us in a way we cannot begin to understand. He thinks about us and knows the hairs on our heads and cares for us more than many Sparrows.

Hymn #80 I Love You Lord