

Intro: Building the muscles that hold you up under pressure: Physical /Spiritual
XXV. Fundamental Attitudes of a Christian Mind - Part 1

A. Submission - vs 5a

1. Likewise

a. *homoios* - similarly:--likewise, so.

b. referring back to 2:13, 18; 3:1, 7

c. a foundational attitude in the life of a saint - masters (employers), civil authorities, and within marriage

2. you younger people,

a. this doesn't exempt others from the need to submit to elders

b. the young tend to be the ore aggressive and headstrong

c. the older members are hopefully more experienced and spiritually mature, but may be more passive in their lack of submission

3submit yourselves

a. *hupotasso* - to line up under

b. instead of prideful self promotion, to willingly and respectfully placing themselves under the leadership of their shepherds

4. to your elders.

a. refers to the spiritual leadership

b. 1Co 16:15-16 I urge you, brethren, you know the household of Stephanas, that it is the first fruits of Achaia, and that they have devoted themselves to the ministry of the saints that you also submit to such, and to everyone who works and labors with us.

c. 1Th 5:12-13 And we urge you, brethren, to recognize those who labor among you, and are over you in the Lord and admonish you, and to esteem them very highly in love for their work's sake. Be at peace among yourselves.

d. Heb 13:17 Obey those who rule over you, and be submissive, for they watch out for your souls, as those who must give account. Let them do so with joy and not with grief, for that would be unprofitable for you.

B. Humility - vs 5b-6

1. clothed

a. *egkomboimai* - to engirdle oneself (for labor), (the apron as being a badge of servitude) to wear (in token of mutual deference):--be clothed with.

b. with humility

i. *tapeinophrosune* - humiliation of mind, modesty:--humbleness of mind, humility (of mind, loneliness (of mind).

ii. Seen as weakness and cowardice in the 1st century, tolerated only in the involuntary submission of slaves

c. This humility is displayed toward all believers - all of you be submissive to one another

2. "God resists the proud, But gives grace to the humble."

a. a quote from Pro 3:34 from the LXX

b. Resists - *antitassomai* - to range oneself against, oppose themselves, resist.

i. Pro 6:16-17the LORD hates...A proud look

ii. Motivation for the godly to adopt an attitude of humility - Pr 8:13 The fear of the LORD is to hate evil; Pride and arrogance and the evil way And the perverse mouth I hate.

c. Isa 57:15 For thus says the High and Lofty One Who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, With him who has a contrite and humble spirit, To revive the spirit of the humble, And to revive the heart of the contrite ones.

3. Therefore

- a. humble yourselves under the mighty hand of God,
 - i. descriptive of God's sovereign power
 - ii. In context,
 - that power working in and through the elders of the church
 - and in the life experience of His people
- b. in persecution and suffering, the elder's assurance of God's purpose/ necessary
- c. that He may exalt you in due time,
 - i. Christ did things at a proper time
 - was born at a proper time - Gal 4:4; Tit 1:3
 - Christ died when His hour had come - Jo 13:1; 1 Ti 2:6
 - ii. Exhalt - ***hupsōo*** - to elevate:--exalt, lift up.
 - my encouragement for enduring high school as a Christian
 - not ultimate glorification, b/c Peter used "time" - ***kairos***
 - an occasion, set or proper time
 - not used as an eschatological term

C. Trust - vs 7

1. attitude and benefit while enduring trials

- a. humbly and submissively,
- b. we learn about
 - i. ourselves
 - our weaknesses through failure
 - our need for God's strength and wisdom for life
 - ii. Confident trust in God's perfect purposes
 - Ps 37:5 Commit your way to the LORD, Trust also in Him, And He shall bring it to pass
 - Ps 55:22 Cast your burden on the LORD, And He shall sustain you; He shall never permit the righteous to be moved.

2. casting all your care upon Him,

- a. ***epirrhīpto*** - to throw something upon or cast upon someone or something else
- b. ***merimna*** - solicitude:--care, anxiety - can include discontentment, despair, discouragement, questioning, pain, or whatever other trial, they encounter
- c. for He cares for you - the more we learn about God, the more we know we can trust Him in whatever - Ps 9:10; 13:5; 23:4; 36:7; 37:5; 55:22; Pro 3:5-6

D. Self Control - vs 8a

1. Peter already mentioned this in

- a. 1Pe 1:13 Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;
- b. 1Pe 4:7 But the end of all things is at hand; therefore be serious and watchful in your prayers.

2. Be sober,

- a. ***nepho*** - to abstain from wine (keep sober), be discreet:--be sober, watch.
- b. refers to self control in relation to intoxication, but used in NT metaphorically
 - i. includes ordering and balancing life's important issues
 - ii. Requires discipline of mind and body that avoids the intoxicating allurements of the world