

Psalm 40

Public Personal Praise

PAST:

- 1) David's Trouble – v. 2
- 2) David's Trust – v. 1
- 3) God Delivers – v. 1-2
- 4) Public Personal Praise – v. 3-5, 9-10
- 5) Delight in Obedience – v. 6-8

PRESENT:

- 1) Trouble – v. 12
- 2) Trust – v. 11, 13-15
- 3) Deliverance, Other's Trust – v. 16
- 4) Song of Praise, Prayer of Trust – v. 17

Praxis

1. Write down the 3-5 biggest things God has rescued you from in your life, and 3-5 things God has done for you this year...
2. How/Where might you begin to speak of these things openly?
3. Observe in Psalm 40 where and how often David uses "I / my" versus "we/us"... What might this teach us?