

- I. A main point of the text is thankfulness, teaching us that true thankfulness focuses on grace.
- II. This is what Paul is saying while he sits in prison.

### ***The Thanksgiving Life***

I. *Thinking on Grace*

A. True thanksgiving arises from receiving something from God: grace. What is grace?

1. True thankfulness arises out of a true faith that sees all of life in connection with God's grace and goodness.
2. We see this in Jesus Christ Himself. As He went to the cross, He was thankful.

B. How do we show thanksgiving? The Scriptures call us to a life thanksgiving.

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II. *Driving Away Anxiety*

A. The text commands, "Be anxious for nothing." What is anxiety and why is it wrong?

B. What drives away this worry and anxiety? It is praying with thanksgiving.

III. *Resulting in Peace*

A. In the way of thanksgiving to God there will be an amazing peace – the peace of God that passes all understanding.

B. May God give to us this thankfulness and peace.