

# **Having an Attitude of Gratitude**

Psalm 92:1-3

*It is a good thing to give thanks unto the LORD,  
and to sing praises unto thy name, O most High.*

❖ ***An attitude of gratitude will determine  
your spiritual altitude***

## **I. Scriptural Admonitions to Give Thanks**

### **A. General admonitions**

- Psalm 140:13

### **B. Specific admonitions**

1. In our prayer life
  - Philippians 4:6
  - Psalm 95:2
2. In our worship life
  - Psalm 100:4
  - Psalm 147:7
3. In every circumstance of life
  - Colossians 3:17
  - Ephesians 5:20
  - I Thessalonians 5:18

## **II. Ingredients of a Thankful Heart**

### **A. Reflection**

- I Chronicles 16:12
- Psalm 77:11
- Psalm 143:5

### **B. Contentment**

- I Timothy 6:6
- Hebrews 13:5

### **C. Appreciation**

---

#### **D. Trust**

- Proverbs 3:5
- Romans 11:33-34

### **III. Thieves of Thankfulness**

Here are a few thieves:

#### **A. Pride**

- Deuteronomy 8:11, 17-18

#### **B. Believing you are deserving**

- ❖ Instead of focusing on what you think you deserve, thank God for His mercy and not giving you what you really do deserve.

- Philemon 1:18

#### **C. Always focusing on people who have more**

- II Corinthians 10:12

#### **D. Self-centeredness**

- ❖ The self-centered person is the most unhappy and ungrateful person there is.