

The Benefits of Thankfulness

Pastor Jim Scudder, Jr.

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1 Thessalonians 5:16-18

Rejoice evermore. ¹⁷ Pray without ceasing. ¹⁸ In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Psalm 106:1-5

Praise ye the LORD. O give thanks unto the LORD; for *he is good*: for his mercy *endureth for ever*. ² Who can utter the mighty acts of the LORD? *who* can shew forth all his praise? ³ Blessed *are* they that keep judgment, *and* he that doeth righteousness at all times. ⁴ Remember me, O LORD, with the favour *that thou bearest unto* thy people: O visit me with thy salvation; ⁵ That I may see the good of thy chosen, that I may rejoice in the gladness of thy nation, that I may glory with thine inheritance.

Psalm 69:29-30

But I *am* poor and sorrowful: let thy salvation, O God, set me up on high. ³⁰ I will praise the name of God with a song, and will magnify him with thanksgiving.

Thank the Lord for these 7 things every day and you will find your life improving greatly:

1. God loved you so much that He died for you.

Romans 5:8

But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.

2. Salvation is free to us but cost God everything.

Romans 5:18

Therefore as by the offence of one *judgment came* upon all men to condemnation; even so by the righteousness of one *the free gift came* upon all men unto justification of life.

3. Once we believe in Jesus as Savior, we are secure in Him forever.

John 10:28

And I give unto them eternal life; and they shall never perish, neither shall any *man* pluck them out of my hand.

4. We now have all spiritual blessings.

Ephesians 1:3

Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ:

5. The Holy Spirit seals us and guarantees us Heaven.

Ephesians 1:13-14

In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise, ¹⁴ Which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of his glory.

6. We are complete in Christ.

Colossians 2:10

And ye are complete in him, which is the head of all principality and power:

7. We have everything we need to live a thankful life.

Colossians 2:6-7

As ye have therefore received Christ Jesus the Lord, so walk ye in him: ⁷ Rooted and built up in him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving.