

(11-3-19)

THE MANIPULATION OF MEMORY!

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TEXT: Ecclesiastes 8:1 Who is as the wise man? and who knoweth the interpretation of a thing?...

3...stand not in an evil thing;

4 Where the word of a king is, there is power...

7 For he knoweth not that which shall be: for who can tell him when it shall be?...

11 Because sentence against an evil work is not executed speedily, therefore the heart of the sons of men is fully set in them to do evil.

17...a man cannot find out the work that is done under the sun...

Psalms 15:1 LORD, who shall abide in thy tabernacle? who shall dwell in thy holy hill?

2 He that walketh uprightly, and worketh righteousness, and **speaketh the truth in his heart.**

3 He that **backbiteth not** with his tongue, nor doeth evil to his neighbour, nor **taketh up a reproach** against his neighbour.

4 In whose eyes a vile person is contemned; but he honoureth them that fear the LORD.

Proverbs 17:3...the LORD trieth the hearts.

4 A wicked doer giveth heed to false lips; and a liar giveth ear to a naughty tongue.

Romans 5:3...tribulation worketh patience; 4 And patience, **experience**; and **experience, hope**:

Jeremiah 10:23 O LORD, I know that the way of man is not in himself: it is not in man that walketh to direct his steps.

2 Peter 1:16 For we have not followed cunningly devised fables, when we made known unto you the power and coming of our Lord Jesus Christ, but were **eyewitnesses** of his majesty.

18 And this voice which came from heaven **we heard**, when we were with him in the holy mount.

19 We have **also a more sure word** of prophecy...

Genesis 2:9 And out of the ground made the LORD God to grow **every tree** that is **pleasant to the sight**, and good for food...

3:6 And when the woman **saw** that the tree was good for food, and **that it was pleasant to the eyes**...

2 Peter 3:3 Knowing this first, that there shall come in the last days scoffers, walking after their own lusts,

4 And saying, Where is the promise of his coming? for **since the fathers fell asleep, all things continue as they were from the beginning of the creation**.

2 Corinthians 10:7 Do ye look on things after the outward appearance?...

John 7:24 Judge not according to the appearance, but judge righteous judgment.

Isaiah 11:3...he shall not judge after the sight of his eyes, neither reprove after the hearing of his ears:

John 20:29 Jesus saith unto him, Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed.

2 Corinthians 5:7 (For we walk by faith, not by sight:)

Jeremiah 51:39 In their heat I will make their feasts, and I will make them drunken, **that they may rejoice**, and sleep a perpetual sleep, and not wake, saith the LORD.

40 I will bring them down **like lambs to the slaughter**...

Galatians 3:1 O foolish Galatians, **who hath bewitched you**, that ye should not obey the truth...

Jeremiah 51:7...the nations are mad.

"*Cannabinoids induce memory loss through the decrease in energy of the neurons* [see, *Nature*, Volume 539, November 24, 2016]..." (*EurekAlert*, Nov. 10, 2016)

"*Telling true from false: cannabis users show increased susceptibility to false memories...cannabis users have an increased susceptibility to memory distortions even when abstinent and drug-free, suggesting a long-lasting compromise of memory and cognitive control mechanisms involved in reality monitoring...memory is one of the most frequently identified as being negatively affected by cannabis...*"

(*Molecular Psychiatry*, Volume 20, 2015)

"*Increased False-Memory Susceptibility After Mindfulness Meditation...memories become less reliable.*" (*Psychological Science*, September 4, 2015)

"*Glutamate and aspartate impair memory retention and damage hypothalamic neurons in adult mice...*" (*Toxicol Lett.* 2000 May 19)

"*Resistance exercise reduces memory impairment induced by monosodium glutamate in male and female rats...*" (*Experimental Physiology*, 23 April 2017)

"There may be behavioral and neurological changes associated with overexposure to mercury poisoning, such as excitability and quick-tempered behavior, lack of concentration, and loss of memory...Symptoms associated with mad hatter syndrome include memory loss...abnormal excitability..." (National Organization for Rare Disorders)

"Trans fats were most strongly linked to worse memory in young and middle-aged men during their working and career-building years." (Dr. Beatrice Golomb, University of California)

"*Mashed up memory: How alcohol speeds up memory loss.*"

"*This is your brain on sugar: UCLA study shows high-fructose diet sabotages learning, memory...*Eating a high-fructose diet over the long term alters your

brain's ability to learn and remember information..." (newsroom.ucla.edu/, May 15, 2012)

"The way kids learn causes them to generate more false memories than adults...Children are notoriously unreliable witnesses...Otgaar and his colleagues showed participants pictures of scenes, including a classroom, a funeral and a beach...seven- and eight-year-old children consistently reported seeing more objects that were not in the pictures than adults did...When talking to children, for example, lawyers should try to avoid giving out clues to jog their memory or using especially descriptive language, which could trigger activation of the pattern-making system in the brain that contributes to false memories." (*Scientific American*, September 1, 2014)

"Lab studies have shown that people can create rich and compelling false memories, even for highly negative events. In legal cases, these events are sometimes remembered as a repeated experience. How can this be? Can people create false memories of events that they believe happened to them numerous times?...The McMartin Preschool [Calif.] was a complex case in the 1980's which involved multiple child sexual abuse allegations that were later deemed to be false...The case started with one child's report, growing to over a hundred reports from children enrolled that year and former students...To start, the statement from the first allegedly abused child was made by a parent who later was diagnosed with paranoid schizophrenia. After this statement, the police sent a letter to 200 families. In this letter parents were warned that their children could have also been abused and were also requested to ask their children specific questions concerning the matter. However, research shows that parents often unintentionally ask children questions in a suggestive manner that leads to false reports...This is shown by the fact that **children can eventually start to believe and remember the suggested events** [*Psychology, Crime & Law*, 20, 994-1004; *Law and Human Behavior*, 21, 405-426]...Additionally, interviews with children conducted by social workers were rather suggestive...Many children in this case went along with these suggestive prompts, leading their testimonies to contain some bizarre elements, for instance experiencing satanic rituals, seeing witches fly in brooms and children being flushed down toilets...the McMartin preschool is not an exceptional case...One possibility is that children merely acquiesced to the investigators' suggestions. Another even more disturbing possibility is that (some of) the children came to truly believe what they were alleging, despite its falsity...Experimenters suggest to participants that false and true events happened to them in their childhood – and, to increase the credibility of the claims, that their parents have confirmed this. After this phase, participants must report everything they can remember about all these childhood experiences. On average over several studies, approximately 30% of participants indicate that they remember the false event...**research has shown that in children, negative false events are easier to implant than neutral ones**...[*Acta Psychologica*, 128, 350–354.]...Throughout this brief discussion, we have shown that it is possible to implant false events in children's memory..." (*Inquisitive Mind*, Issue 37, 2018)

"Just because you are absolutely confident you remember something accurately, doesn't mean it is true." (*Scientific American*, 2016)

"...When your brain makes stuff up." (*Time*)

"Creating false memories in mice brains, and yours." (*Time*)

"You might think you remember your 3rd birthday party when what you really remember are the pictures, or you might believe you have a very vivid memory from elementary school that in reality happened to your brother...Or, you might even be lifting your memories from the books and movies you loved as a child...Elizabeth Loftus, a cognitive scientist at the University of California, Irvine, has done extensive research...'We pick up information from all sorts of places and times and use it to 'create' our memories'...Loftus is the author of a well-known study from the mid-1990s in which she successfully 'implanted' a false memory in college students about a time they got lost in the mall as a kid, even though they never had...in a later study, Loftus and her colleagues were able to successfully implant false memories in college students of going to Disneyland as children and meeting Bugs Bunny - which is not even a Disney character...all of our memories - even the real ones - aren't exact recordings of what happened..." (*The Cut*, Sept. 4, 2014)

"The moments we remember from the first years of our lives are often our most treasured because we have carried them longest. The chances are, they are also completely made up...Around four out of every 10 of us have fabricated our first memory, according to researchers...we crave a cohesive narrative of our own existence, and will even invent stories to give us a more complete picture...Other people, even strangers, can re-write our history...Researchers have found it is possible to 'implant' all sorts of false childhood memories into adults, including one that involves drinking tea with a prince...Julia Shaw, a psychological scientist at University College London, has even shown it is possible to convince people that they committed a violent crime that never happened...three-quarters...could even provide vivid descriptions of what police officers looked like...In one study, 180 volunteers were told they had become ill from eating egg salad as a child and although this was untrue, a 'significant minority' came to believe they had been sick, and as a result, began to avoid egg sandwiches immediately, and continued to do so even four months after the experiment...experts have managed to turn people off all sorts of foods by convincing them it had made them ill when they were a child...But carrying around false memories from your childhood could be having a far greater impact on you than you may realise...[And] 'Miscarriage of justice, incarceration, loss of reputation, job and status, and family breakdown occur'...the most extreme case of memory implantation involves a controversial technique called 'regression therapy', where patients confront childhood traumas, supposedly buried in their subconscious. The method is prone to inducing false childhood memories, according to the Royal College of Psychiatrist...'Memories are malleable and tend to change slightly each time we revisit them...'...There is no perfect solution to determining if a memory is real or not because people can have extremely compelling

detailed memories that are full of emotions and they feel very confident about but be wildly wrong...Children are more susceptible to forming false memories than adults, especially after looking at photographs or films...Any that appear very fluid and detailed, as if you were playing back a home video...could well also be made up..." (*BBC News*, May 20, 2019)

"For feelings come, and feelings go, and feelings are deceiving; My warrant is the Word of God, naught else is worth believing!" (Luther)