B. Grow spiritually.

"As iron sharpens iron, So a man sharpens the countenance of his friend." Proverbs 27:17

"Christ works on us in all sorts of ways, but above all He works on us through each other." --C.S. Lewis

"Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth." II Timothy 2:15

Growth groups provide a place for you to ask your Bible and life questions and get guidance from others.

V. PICK THE GROUP

A. Choose your worship service.

"23 Let us hold fast the confession of our hope without wavering, for He who promised is faithful.

24 And let us consider one another in order to stir up love and good works,

25 not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching."

Hebrews 10:23-25

B. Join a growth group that meets before or after your worship service or attend Wednesday night.

"For where two or three are gathered together in My name, I am there in the midst of them." Matthew 18:20



DO A GROWTH GROUP IN THE NEXT SERIES

ALL IN All In For Growth Pastor Steve Reynolds

INTRODUCTION

A. What do you hope to do in the New Year? Doesn't it seem like the more you try to do, the less you get to do what really matters in life? A great life is focused on doing the great commandment!!

"36 "Teacher, which is the great commandment in the law?" 37 Jesus said to him, "'You shall love the LORD your God with all your heart, with all your soul, and with all your mind.' 38 This is the first and great commandment."

Matthew 22:36-38

B. During the All In teaching series you will learn how to find a way to get things done that really matter.

Jan 4	All In For God's Word
TODAY	All In For Growth
Jan 18	All In For Going
Jan 25	All In For Generosity
Feb 1	All In For Gifts

Come and hear these messages and discover how to make sure you're doing what really matters!

C. TEXT: Ephesians 4:15 (Pew Bible/Pg. 199/New Testament)

Capital Baptist Church exists to lead people into a growing relationship with Jesus Christ.

"Spiritual growth happens best in a small group."

--Pastor Steve Reynolds

Name change: Small groups will now be called growth groups.

HOW TO BE ALL IN FOR GROWTH

"13 And He went up on the mountain and called to Him those He Himself wanted. And they came to Him.

14 Then He appointed twelve, that they might be with Him and that He might send them out to preach," Mark 3:13-14

I. GET THE FACTS

A. What are growth groups?

It is 8-12 people who are typically about the same age and stage of life that meet weekly to connect relationally and grow spiritually.

B. When do growth groups meet?

Growth groups are offered on Sunday mornings at 9:30 and 11:00 am and Wednesday nights at 7:00 pm.

C. Where do growth groups meet?

The adults meet on the second floor of the Educational Building, the children meet in Kidstown which is on the first floor of the Educational Building, and the teens meet in the Youth Center which is just off the lobby in the Worship Building.

- **D.** How do growth groups operate?
 - Meet and greet. Refreshments provided.
 - Praises and prayer requests (You will never be required to pray out loud).
 - Bible study with discussion (You will never be required to speak).

II. RECOGNIZE THE MODELS

A. Moses established growth groups.

See Exodus 18:13-27

B. Jesus participated in a growth group (Mark 3:13-14).

- C. The early church gathered in growth groups (Acts 1:12-14; 5:42; 20:20).
 - Healthy churches grow larger and smaller at the same time.
 - Our church grows larger through evangelism and grows smaller through growth groups.

III. OVERCOME THE OBSTACLES

A. Isolation and fear of intimacy.

"And the LORD God said, "It is not good that man should be alone; I will make him a helper comparable to him."

Genesis 2:18

B. Busyness

"redeeming the time, because the days are evil." Eph 5:16

IV. UNDERSTAND THE BENEFITS

A. Connect relationally.

"9 Two are better than one, Because they have a good reward for their labor.

10 For if they fall, one will lift up his companion. But woe to him who is alone when he falls, For he has no one to help him up." Ecclesiastes 4:9-10

"Snowflakes are frail, but if enough of them get together they can stop traffic." -- Vance Havner

"A man who has friends must himself be friendly,..."

Proverbs 18:24a

Growth groups provide a place where your name and needs are known by others.