

Body Building God's Way **Spiritual Body Building & People**

PERSONAL APPLICATION

Review the main lesson outline briefly

1. Describe a time in your life when God used another person to encourage you and explain the impact it had on your life.
2. Describe a situation where God allowed and adverse person in your life and discuss whether or not you responded properly and what was the result.

PRIVATE MEDITATION

Read the Scripture and identify 1 thought to take with you for that day
Write down your daily thought under each day

Monday – Philippians 1:12-18

Thought:

Tuesday – 2 Timothy 4:9-18

Thought:

Wednesday – Proverbs 27:17

Thought:

Thursday – Acts 9:10-27

Thought:

Friday – Proverbs 1:10, 2:12-20

Thought:

Saturday – 2 Corinthians 1:3-7

Sunday – “*Why Did This Happen to Me?*”

Body Building God's Way **Spiritual Body Building & People**

Body Building God's Way *Spiritual Disciplines & Why They are Important*



Spiritual Body Building **& People!**

Spiritual Body Building with Church

Who Are These People?

2 Timothy 4:9-18

NOTES

I. What does God use people to do?

1. Fulfill His purpose in my life – Acts 9:10-27
2. Form His character in my life – 2 Peter 1:5-9

II. How should I approach these people?

1. Realize there is a purpose – Genesis 50:19-20
2. Respond properly – Genesis 50:15-17
3. Rely on the Lord completely – Genesis 50:19

III. What results will I see?

1. The hand of God at work in your life – Genesis 50:20
2. God changing people through you – Genesis 50:18
3. God changing us through them – Genesis 40:14, 23;
41:9-14
4. God's purpose fulfilled in my life – Genesis 50:20