

**Romans 8:13**

**(ESV)**

*13 For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.*

**John 1**

**The Word Became Flesh**

**(ESV)**

*1 In the beginning was the Word, and the Word was with God, and the Word was God.*

*2 He was in the beginning with God.*

*3 All things were made through him, and without him was not any thing made that was made.*

*4 In him was life, and the life was the light of men.*

*5 The light shines in the darkness, and the darkness has not overcome it.*

*9 The true light, which gives light to everyone, was coming into the world.*

*10 He was in the world, and the world was made through him, yet the world did not know him.*

*11 He came to his own, and his own people did not receive him.*

*12 But to all who did receive him, who believed in his name, he gave the right to become **children of God**,*

*13 who were born, not of blood nor of the will of the flesh nor of the will of man, but of God.*

**Isaiah 40:27**

**(ESV)**

27

*Why do you say, O Jacob,  
and speak, O Israel,*

*“My way is hidden from the Lord,  
and my right is disregarded by my God”?*

**Angus Fletcher in *Wonderworks***

**“... as love deepens, the second part of the blueprint, the ‘stretch’, becomes less important.** We no longer have to seduce our loved one with dazzle; we can simply confess our intimate secrets in all their humdrum ordinariness, and we’ll still deepen our emotional bond. That’s the real wonder of love: **not needing anything more wondrous than ourselves”**

**Romans 1:19-21**

**(ESV)**

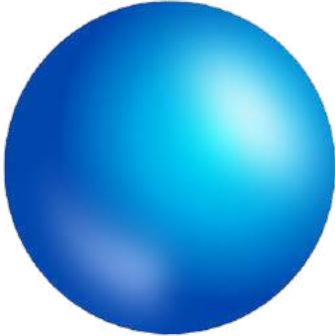
*19 For what can be known about God is plain to them, because God has shown it to them. 20 For his invisible attributes, namely, his eternal power and divine nature, have been clearly perceived, ever since the creation of the world, in the things that have been made. So they are without excuse. 21 For although they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their foolish hearts were darkened.*

**Matthew 22:36-40**

**(ESV)**

*36 “Teacher, which is the great commandment in the Law?” 37 And he said to him, “You shall love the Lord your God with all your heart and with all your soul and with all your mind. 38 This is the great and first commandment. 39 And a second is like it: You shall love your neighbor as yourself. 40 On these two commandments depend all the Law and the Prophets.”*

**Curious.**



**Studious**



### **The Physiologic “Spiral of Intimate Speech”**

**Self-disclosure (from the wooer) + *Stretch* —> Dopamine neurons in the listener (the “wooded”) primed**

**Self-disclosure (from the wooed) + *Stretch* —> Dopamine which had been accumulating as a result of the self-disclosure and “stretch” is released**

**Angus Fletcher in *Wonderworks*:**

**“...keep on exchanging wonder-enriched self-disclosures with our wooer, creating a reciprocal cycle of dopamine prime and release that makes us feel increasingly happy together and encourages us to disclose more personal details to each other until we’ve built an intimate emotional bond”**

*Christian Maturity*  
Lesson 5  
Handout



**Fletcher:**

**“...a great deal of love’s bliss comes from the pleasures of our own self-disclosures...”**

**“...our brain is rather egoistically swooning for itself: I like myself more when I’m with you”**

**“...as love deepens, the second part of the blueprint, the ‘stretch’, becomes less important.** We no longer have to seduce our loved one with dazzle; we can simply confess our intimate secrets in all their humdrum ordinariness, and we’ll still deepen our emotional bond. That’s the real wonder of love: not needing anything more wondrous than ourselves”

**John 17:**

*3 And this is eternal life, that they know you, the only true God, and Jesus Christ whom you have sent...*

*6 “I have manifested your name to the people whom you gave me out of the world. Yours they were, and you gave them to me, and they have kept your word.*

*7 Now they know that everything that you have given me is from you.*

*8 For I have given them the words that you gave me, and they have received them and have come to know in truth that I came from you; and they have believed that you sent me...*

*13 But now I am coming to you, and these things I speak in the world, that they may have my joy fulfilled in themselves.*

*14 I have given them your word, and the world has hated them because they are not of the world, just as I am not of the world...*

*20 “I do not ask for these only, but also for those who will believe in me through their word,*

*21 that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me...*

*26 I made known to them your name, and I will continue to make it known, that the love with which you have loved me may be in them, and I in them.”*

**Romans 6:1-6  
(ESV)**

*Dead to Sin, Alive to God*

*1 What shall we say then? Are we to continue in sin that grace may abound?*

*2 By no means! How can we who died to sin still live in it?*

*3 Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death?*

*4 We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.*

*5 For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his.*

*6 We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin.*