Joy Cometh in the Morning Psalm 30

Though the godly will suffer affliction, pain and suffering is never the Lord's final word for His children

Introduction: The title of Psalm 30 and Chanukah

Exposition of Psalm 30: The original circumstances under which the Psalm was written by David

Verses 1-3: Praising God in the wake of an intense but unspecified affliction

Verses 4-5: The Psalmist realizes that suffering is temporary, and joy is eternal

2 Corinthians 4:16-18

Verses 6-10: The Psalmist learns not to rely on moments of prosperity, but on the mercy of God, which endures forever

The Psalmist reasons with God as he seeks to understand his suffering (9-10)

Verses 11-12: David's exuberance returns as he celebrates his deliverance

Application of Psalm 30:

Do not be lulled by the false sense of security that prosperity offers

A call to non-believers to relinquish trust in self-effort and trust Christ alone

A warning to presumptuous Christians to repent and trust Christ alone

Applying the Psalm's unspecified affliction to your own trial

Sing "Glory!" to God who raised you from the dead!

A Litany of Contrasts: Psalm 30 and Christmas

Jesus is the light of the world – John 1:6-9

The dark world into which the light comes – Mal 4:1-6

The Dayspring from on high – Luke 1:78

The people who walked in darkness have seen a great light – Isaiah 9:2-6