

**The Sermon on the Mount**  
**57 – Do Not Worry**  
**Matthew 6:25-34**  
sermonaudio.com/vbcny 12/25/2016

- I. The Context of the Text – Treasure, Light, and Master
  - A. A review of v 19-24
  
  
  - B. The connection between v 19-24 and v 25-34
  
- II. The Balance of the Text – Wise Concern v. Sinful Worry
  - A. The words we use
  
  
  - B. The difference between wise concern and sinful worry
  
- III. The Structure of the Text – The Command “Do Not Worry” Repeated Three Times
  - A. The three-fold repetition of the command
  
  
  - B. Each repetition buttressed with truth and reason
  
- IV. The Burden of the Text – The Christian Can Be Free from Sinful Worry
  - A. We can and must refuse to worry
  
  
  - B. We refuse to worry by laying hold of objective truth and sound reason
  
  
  - C. Life without worry a too-often neglected privilege belonging to the Christian alone