

Providence Reformed Baptist Church - Sunday, December 27, 2020

Sermon Series: Hopes and Fears

2. Overcoming Fear with a Sound Mind (Part 1) – 2 Tim. 1:7; 1 Peter 1:13

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What we will address this morning from the Word of God is the heightened and even exaggerated level of fear that has cast a shadow over our world, our nation, and even many in the church. We start with a very fundamental truth – the only thing we are ever commanded to fear is God. Other than that, we are commanded over and over again in the Scriptures to “fear not.”

- I. No Fear, No Shame
 - A. Sources of Fear – Matt. 10:28-31; Luke 12:4-7
 - 1. Lack of Faith – Matt. 8:25-27
 - 2. Lack of Love – 1 John 4:18
 - 3. Suffering – Rev. 2:10
 - 4. Bondage to Sin and Disobedience – Rom. 8:15; Luke 12:32
 - B. Solutions for Fear – 2 Tim. 1:3-12
 - 1. Power – strength, capability, “the ability to function effectively” – Phil. 2:13
 - 2. Love – a decision of the will concerning how we respond to others – 1 Cor. 13:4-8
 - 3. A Sound Mind – using good judgment, self-discipline that lead to wise decisions
 - 4. Faith – (vs. 12) – substance, evidence – Heb. 11:1, 6
- II. A Sound Mind
 - A. Girded – 1 Peter 1:13-16 – prepare your minds for action and obedience
 - 1. Sober – self-controlled (Spirit controlled) not substance controlled – Eph. 5:18; Gal. 5:16
 - 2. Hopeful – fully expecting grace – 2 Cor. 12:9
 - 3. Obedient – submission – John 14:15; 1 John 5:3
 - 4. Holy – Set apart, sanctified – Phil. 4:8
 - B. Guarded – 2 Cor. 10:4-6 – protect your minds from accusations and misleading arguments
 - 1. Not Conformed, Transformed – Rom. 12:1-2
 - 2. Renewed – Eph. 4:23; Titus 3:5
 - C. Godly – Rom. 8:5-7; Col. 3:1-3

Cross References

Matthew 10:28-31

28 And do not fear those who kill the body but cannot kill the soul. But rather fear Him who is able to destroy both soul and body in hell. 29 Are not two sparrows sold for a copper coin? And not one of them falls to the ground apart from your Father’s will. 30 But the very hairs of your head are all numbered. 31 Do not fear therefore; you are of more value than many sparrows.

Luke 12:4-7

4 “And I say to you, My friends, do not be afraid of those who kill the body, and after that have no more that they can do. 5 But I will show you whom you should fear: Fear Him who, after He has killed, has power to cast into hell; yes, I say to you, fear Him! 6 “Are not five sparrows sold for two copper coins? And not one of them is forgotten before God. 7 But the very hairs of your head are all numbered. Do not fear therefore; you are of more value than many sparrows.

Matthew 8:25-27

25 Then His disciples came to Him and awoke Him, saying, “Lord, save us! We are perishing!” 26 But He said to them, “Why are you fearful, O you of little faith?” Then He arose and rebuked the winds and the sea, and there was a great calm. 27 So the men marveled, saying, “Who can this be, that even the winds and the sea obey Him?”

1 John 4:18

18 There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.

Revelation 2:10

10 Do not fear any of those things which you are about to suffer. Indeed, the devil is about to throw some of you into prison, that you may be tested, and you will have tribulation ten days. Be faithful until death, and I will give you the crown of life.

Romans 8:15

15 For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, “Abba, Father.”

Luke 12:32

32 “Do not fear, little flock, for it is your Father’s good pleasure to give you the kingdom.

2 Timothy 1:3-12

3 I thank God, whom I serve with a pure conscience, as my forefathers did, as without ceasing I remember you in my prayers night and day, 4 greatly desiring to see you, being mindful of your tears, that I may be filled with joy, 5 when I call to remembrance the genuine faith that is in you, which dwelt first in your grandmother Lois and your mother Eunice, and I am persuaded is in you also. 6 Therefore I remind you to stir up the gift of God which is in you through the laying on of my hands. 7 For God has not given us a spirit of fear, but of power and of love and of a sound mind. 8 Therefore do not be ashamed of the testimony of our Lord, nor of me His prisoner, but share with me in the sufferings for the gospel according to the power of God, 9 who has saved us and called us with a holy calling, not according to our works, but according to His own purpose and grace which was given to us in Christ Jesus before time began, 10 but has now been revealed by the appearing of our Savior Jesus Christ, who has abolished death and brought life and immortality to light through the gospel, 11 to which I was appointed a preacher, an apostle, and a teacher of the Gentiles. 12 For this reason I also suffer these things; nevertheless I am not ashamed, for I know whom I have believed and am persuaded that He is able to keep what I have committed to Him until that Day.

Philippians 2:13

13 for it is God who works in you both to will and to do for His good pleasure.

1 Corinthians 13:4-8

4 Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; 5 does not behave rudely, does not seek its own, is not provoked, thinks no evil; 6 does not rejoice in iniquity, but rejoices in the truth; 7 bears all things, believes all things, hopes all things, endures all things. 8 Love never fails. But whether there are prophecies, they will fail; whether there are tongues, they will cease; whether there is knowledge, it will vanish away.

Hebrews 11:1, 6

1 Now faith is the substance of things hoped for, the evidence of things not seen.

6 But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.

1 Peter 1:13-16

13 Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ; 14 as obedient children, not conforming yourselves to the former lusts, as in your ignorance; 15 but as He who called you is holy, you also be holy in all your conduct, 16 because it is written, "Be holy, for I am holy."

Ephesians 5:18

18 And do not be drunk with wine, in which is dissipation; but be filled with the Spirit,

Galatians 5:16

16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.

2 Corinthians 12:9

9 And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.

John 14:15

15 "If you love Me, keep My commandments.

1 John 5:3

3 For this is the love of God, that we keep His commandments. And His commandments are not burdensome.

Philippians 4:8

8 Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

2 Corinthians 10:4-6

4 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, 5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, 6 and being ready to punish all disobedience when your obedience is fulfilled.

Romans 12:1-2

12 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. 2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

Ephesians 4:23

23 and be renewed in the spirit of your mind,

Titus 3:5

5 not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit,

Romans 8:5-7

5 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. 6 For to be carnally minded is death, but to be spiritually minded is life and peace. 7 Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be.

Colossians 3:1-3

3 If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. 2 Set your mind on things above, not on things on the earth. 3 For you died, and your life is hidden with Christ in God.

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