

Intro:

READ WLC Q&A 168.

Main Point of Text: The Lord's Supper is a proclamation to ourselves of the effect of Christ's death for our eternal lives.

Mt. 26:29; Rev. 19:9; Phil. 1:6.

Feed on Christ's Faithfulness.***Move 1: The Lord's Supper is a Sign of God's Faithfulness to You.***

The Sign. LC: "The Lord's supper is a sacrament of the New Testament, wherein, by giving and receiving bread and wine according to the appointment of Jesus Christ ...":

- WSC 92 [LC 162] *A sacrament is an holy ordinance instituted by Christ, wherein, by sensible signs, Christ, and the benefits of the new covenant, are represented, sealed, and applied [exhibited] to believers.*
- Bread/Wine: Christ's Body/Blood shed on the cross. Symbols of suffering, sacrifice, substitution.
- Appointment: Mt. 26:26-28; 1 Cor. 11:23a.

Move 2: The Lord's Supper is a Seal of God's Faithfulness to You.

The Seal. Personal guarantee to people. LC: "they that worthily communicate ... have their union and communion with him confirmed": 1 Cor. 11:24: "for you"; also Lk. 22:20. LC: "... testify and renew their thankfulness, and engagement to God, and their mutual love and fellowship each with other, as members of the same mystical body." 1 Cor. 10:16: "communion" is "fellowship". Mutual with God and brethren.

Move 3: In the Lord's Supper, God Feeds You With His Faithful Covenant Promises.

The Thing Signified Exhibited/Experienced. LC: "his death is showed forth and they that worthily communicate feed upon his body and blood, to their spiritual nourishment and growth in grace ...": Virtue/efficacy of Christ's death is applied to you who truly receive it by faith/Spirit. Real when real. 1 Cor. 11:23-26:

- Eating and drinking are remembering: vs. 24-25. Dramatic reenactment. Acts over elements.
- Not just memorial. Celebration. Commemoration. Vs. 26:
 - "show", literally "proclaim". Picture sermon.
 - "til he come": your sustenance until you eat with Him in heaven; He is coming for you.
 - "often": frequent, just as we need to eat daily. Regularly sustain our soul, as bread our bodies.

Conclusion:***Feed on Christ's Faithfulness.***