

How to Think Biblically

A Seminar for Ladies

By Martha Peace

PURE MENTAL ATTITUDES

I. Introduction

A. Matthew 5:8. "Blessed are the pure in heart, for they shall see God."

B. Today's Lesson

II. Ten Biblical Principles Regarding Right Thinking

A. To have right thinking we must have the right presuppositions about God

Eph.1:1-14

B. We must have right thinking about God's Word. I Pet.2:2; Ps. 19:7

C. There is a battle for the mind.

II Cor. 10:3-5

D. In the Christian, there is to be a renewing of the mind. Romans 12:1-2.

E. We are to take charge of our thought life. I Peter 1:13.

F. Develop a Biblical frame of reference. 1 Cor. 2:16; Col. 3:16

G. We are to "put off" wrong thoughts and "put on" Godly thoughts.

H. Sinful thought patterns begin with a sinful heart. Matt. 12:34-37; 15:16-20

I. We should not daydream. Eccles. 5:7

J. We are to build our thinking around the qualities in Phil. 4:8.

True -- know to be a fact

Honorable -- worthy of respect

Right -- correct thought or action as determined by God

Pure -- does not lead to lust

Lovely -- promotes the best for the other person

Good repute -- does not promote slander

Excellence and worthy of praise -- points to God, gives Him the glory

III. The Mental Attitude of Humility

A. **Definition:** a person who thinks no higher of himself than he ought to think realizing that in God's sight he has no merit of his own.

1. Romans 12:3 -- don't think
more highly of self than ought

2. I Cor. 15:10 -- by the grace of
God

3. Romans 12:10 -- give preference
to one another

4. Ps. 25:9 -- the humble are
capable of learning God's ways

5. Col. 3:12 -- put on a heart of humility

6. Matt. 18:3,4; 23:12; I Peter 5:6 -- more humble, more pleasing to God

7. Isa. 57:15 -- God dwells with the humble

8. James 4:6 -- God gives grace to the humble

B. Application

1. "God, show me..."

2. "God, teach me..."

3. "God, help me..."

4. Thinks first of others' feelings and needs.
5. Gives God the credit for achievement and salvation.
6. Truly worshipping God, not just religious pretense.
7. Willing to suffer humiliation and embarrassment for Jesus' sake.

IV. An Obedient Heart

A. **Definition.** ...has a desire to perfectly obey the commandments of God.

1. I Peter 2:21; I Cor. 11:1; Phil. 2:5-8 -- Jesus is our example.

2. Matt. 26:39 -- puts God's desires ahead of own desires.

3. I Peter 1:14,15 -- more obey God's truth, more like Jesus we become.

4. Acts 5:29 -- will obey God even if must suffer for it.

5. I John 2:3,4 -- obedience is an evidence of salvation.

6. Hebs. 11:8 -- we obey by faith not by sight.

7. John 14:15 -- those who obey are those who love the Lord.

8. I John 5:3 -- His commands are not a burden.

B. Application

1. Can sing "Oh, How I Love Jesus."
2. Is obedient even when doesn't want to be.
3. Lives life based on the Word of God not feelings.

4. Is willing to stand up to peer pressure.

5. Is not walking with the rest of the world.

6. Is not a chore but a joy to do what God wants.

V. A Grateful Heart

A. **Definition...**is thankful in all things.

1. II Cor. 9:15 -- thankful for God's gift of grace to us

2. Ps. 100:1-5 -- gratefulness is part of worshipping God

3. Rom. 1:21 -- not being grateful is a characteristic of unbelievers

4. Cols. 3:15,16 -- we are
commanded to be thankful

5. I Thes. 5:18; Job 1:21 -- be
thankful for all things

B. Application

1. is grace -- oriented.
2. Does not become bitter or angry when adversity comes.

3. Gives expectations to God and therefore is not disappointed when things don't work out like they want.
4. Is a joy to be around.
5. Is able to worship God as He deserves and desires.

VI. Conclusion

We must have right thinking
which is the basis for having pure
mental attitudes