

One Exchange for Another

Selected Scriptures

Introduction:

Matthew 7:13–14 (NKJV)

¹³ “Enter by the narrow gate; for wide (spacious) *is* the gate and broad *is* the way that leads to destruction, and there are many who go in by it.

¹⁴ Because narrow *is* the gate and **difficult** *is* the way which leads to life, and there are few who find it.

difficult thlibó: to press, afflict

Original Word: θλίβω

Part of Speech: Verb

Transliteration: thlibó

Phonetic Spelling: (thlee'-bo)

Definition: to press, afflict

Usage: (a) I make narrow (strictly: by pressure); I press upon, (b) I persecute, press hard.

HELPS Word-studies

Cognate: 2346 thlibō (the root of 2347 /thlipsis, reflecting an original "b"/bēta) – properly, rub together, constrict (compress), i.e. **pressed together; (figuratively) oppressively afflict (distress), i.e. like when circumstances "rub us the wrong way" that make us feel confined (hemmed in); restricted to a "narrow" place.** See 2347 (thlipsis).

While Israel was in the wilderness the Lord instructed Moses to tell the people, “I call heaven and earth to witness against you today, that I have set before you life and death, the blessing and the curse. So choose life in order that you may live, you and your descendants, by loving the Lord your God, by obeying His voice, and by holding fast to Him” (Deut. 30:19–20).

After Israel came into the Promised Land, Joshua confronted the people again with a choice: of continuing to serve the Egyptian and Canaanite gods they had adopted or of turning to the Lord who had delivered them from Egypt and given them the land promised to Abraham. “Choose for yourselves today whom you will serve,” Joshua pleaded (Josh. 24:13–15).

On Mount Carmel the prophet Elijah asked the people of Israel, “How long will you hesitate between two opinions? If the Lord is God, follow Him; but if Baal, follow him” (1 Kings 18:21). The Lord commanded Jeremiah to set the choice again before His people: “Thus says the Lord, ‘Behold, I set before you the way of life and the way of death’” (Jer. 21:8).

In John 6:66–69, Jesus called for a choice: “As a result of this many of His disciples withdrew, and were not walking with Him anymore. Jesus said

therefore to the twelve, ‘You do not want to go away also, do you?’ Simon Peter answered Him, ‘Lord, to whom shall we go? You have words of eternal life. And we have believed and have come to know that You are the Holy One of God.’ ”

MacArthur, J. F., Jr. (1985). [Matthew](#) (Vol. 1, p. 450). Chicago: Moody Press.

MacArthur, J. F.

There are not many roads to heaven, but one. There are not many good religions, but only one. Man cannot come to God in *any* of the ways that man himself devises, but only in the one way that God Himself has provided.

The contrast Jesus makes is not between religion and irreligion, or between the higher religions and the lower ones. Nor is it a contrast between nice and upright people and vile and degraded ones. It is a contrast between divine righteousness and human righteousness, *all* of which is unrighteousness. It is a contrast between divine revelation and human religion, between divine truth and human falsehood, between trusting in God and trusting in self. It is the contrast between God’s grace and man’s works.

There have always been but two systems of religion in the world. One is God’s system of divine accomplishment, and the other is man’s system of

human achievement. One is the religion of God's grace, the other the religion of men's works. One is the religion of faith, the other the religion of the flesh. One is the religion of the sincere heart and the internal, the other the religion of hypocrisy and the external. Within man's system are thousands of religious forms and names, but they are all built on the achievements of man and the inspiration of Satan. Christianity, on the other hand, is the religion of divine accomplishment, and it stands alone.

MacArthur, J. F., Jr. (1985). [Matthew](#) (Vol. 1, p. 451). Chicago: Moody Press.

Matt 7:13-14

¹³ “Enter by the narrow gate; for wide (spacious) *is* the gate and broad *is* the way that leads to destruction, and there are many who go in by it.

¹⁴ Because narrow *is* the gate and difficult *is* the way which leads to life, and there are few who find it

In this passage there are only

2 gates

2 ways

2 Destinations

2 groups

2 gates= wide and narrow
2 ways= broad and difficult
2 destinations= destruction or Life
2 groups= many and few

One leads to heaven and the other to hell
One to life the other hell
One is right, the other is wrong
One is true and the other a lie.

The sad reality is base on the Scripture, and personal experience, there are far more that are on the broad way leading to death.

A letter written to a Melbourne, Australia, daily newspaper expresses clearly the attitude of a person on the broad road to destruction.

After hearing Dr. Billy Graham on the air, viewing him on television and reading reports and letters concerning him and his mission, I am heartily sick of the type of religion that insists my soul (and everyone else's) needs saving—whatever that means. I have never felt that I was lost. Nor do I feel that I daily wallow in the mire of sin, although repetitive preaching insists that I do.

Give me a practical religion that teaches gentleness and tolerance, that acknowledges no barriers of color or creed, that remembers the aged and teaches children of goodness and not sin.

If in order to save my soul I must accept such a philosophy as I have recently heard preached, I prefer to remain forever damned

MacArthur, J. F., Jr. (1985). *Matthew* (Vol. 1, p. 458). Chicago: Moody Press.

This man , would rather exchange eternal life for a gentle and tolerant religion that will eventually damn his Soul to Hell

Matthew 16:26 (NKJV)

26 For what profit is it to a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?

One Exchange for Another

Lesson:

Exchange Definition

an act of giving one thing and receiving another (especially of the same type or value) in return

Exchange #1

1. Death for Life

Death

Romans 6:23 (NKJV)

²³ For the wages of sin *is* death, but the gift of God *is* eternal life in Christ Jesus our Lord.

Ezekiel 18:4 (NKJV)

⁴ ...The soul who sins shall die.

Romans 5:12 (NKJV)

¹² Therefore, just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all sinned—

Genesis 2:16–17 (NKJV)

¹⁶ And the Lord God commanded the man, saying, “Of every tree of the garden you may freely eat;

¹⁷ but of the tree of the knowledge of good and evil

you shall not eat, for in the day that you eat of it you shall surely die.”

Life

John 10:10–11 (NKJV)

... I have come that they may have life, and that they may have *it* more abundantly.

¹¹ “I am the good shepherd. The good shepherd gives His life for the sheep.

Isaiah 53:6 (NKJV)

⁶ All we like sheep have gone astray;
We have turned, every one, to his own way;
And the Lord has laid on Him the iniquity of us all.

Isaiah 53:8–10 (NKJV)

⁸....For He was cut off from the land of the living;
For the transgressions of My people He was
stricken.

⁹ And they made His grave with the wicked—
But with the rich at His death,
Because He had done no violence,
Nor *was any* deceit in His mouth.

¹⁰ Yet it pleased the Lord to bruise Him;
He has put *Him* to grief.

When You make His soul an offering for sin...

Titus 2:13–14 (NKJV)

¹³ looking for the blessed hope and glorious appearing of our great God and Savior Jesus Christ, ¹⁴ who gave Himself for us, that He might redeem us from every lawless deed and purify for Himself *His* own special people, zealous for good works.

1 Peter 2:24 (NKJV)

²⁴ who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.

Romans 3:23–26 (NKJV)

²³ for all have sinned and fall short of the glory of God, ²⁴ being justified freely by His grace through the redemption that is in Christ Jesus, ²⁵ whom God set forth *as* a propitiation by His blood, through faith, to demonstrate His righteousness, because in His forbearance God had passed over the sins that were previously committed, ²⁶ to demonstrate at the present time His righteousness, that He might be just and the justifier of the one who has faith in Jesus.

1. Death for Life

2. Forgiveness for Debt

Debt

The Bible sees our sin as debt

Matthew 6:12 (NKJV)

¹² And forgive us our debts,
As we forgive our debtors.

Luke 11:4 (NKJV)

⁴ And forgive us our sins,
For we also forgive everyone who is indebted to
us.
And do not lead us into temptation,
But deliver us from the evil one.”

The word "debts" in Greek is ὀφειλήματα, *opheilamata*, and it means a legal debt. The word "sin" in Greek is ἁμαρτία, *hamartia*

Colossians 2:13–14 (NKJV)

¹³ And you, being dead in your trespasses and the uncircumcision of your flesh, He has made alive together with Him, having forgiven you all trespasses, ¹⁴ having wiped out the handwriting of requirements that was against us, which was contrary to us. And He has taken it out of the way, having nailed it to the cross.

Also, Paul deals with sin in a legal context as well. Consider [Colossians 2:14](#) below, which I've listed in different translations and underlined a particularly important set of words.

- NASB, [Colossians 2:14](#), "having canceled out the certificate of debt consisting of decrees against us, which was hostile to us; and He has taken it out of the way, having nailed it to the cross."
- ESV, [Colossians 2:14](#), "by canceling the record of debt that stood against us with its legal demands. This he set aside, nailing it to the cross."
- NIV, [Colossians 2:14](#), "having canceled the written code, with its regulations, that was against us and that stood opposed to us; he took it away, nailing it to the cross."

- KJV, [Colossians 2:14](#), "Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross."

In each translation, the underlined words are a single word in Greek: χειρόγραφον *cheirógraphon*. It means . . .

- Cheirógraphon, "A document, esp. a note of indebtedness, is written in one's own hand as a proof of obligation."⁷
- Cheirógraphon, " strictly handwritten document; in legal matters a promissory note, record of indebtedness, bond."⁸
- Cheirógraphon, "a handwriting, what one has written by his own hand. 2 a note of hand or writing in which one acknowledges that money has either been deposited with him or lent to him by another, to be returned at the appointed time."⁹

<https://carm.org/is-sin-a-legal-debt-to-god>

Matthew 18:21–35 (NKJV)

²¹ Then Peter came to Him and said, "Lord, how often shall my brother sin against me, and I forgive him? Up to seven times?"

²² Jesus said to him, "I do not say to you, up to seven times, but up to seventy times seven."

²³ Therefore the kingdom of heaven is like a certain king who wanted to settle accounts with his servants. ²⁴ And when he had begun to settle accounts, one was brought to him who owed him ten thousand talents. ²⁵ But as he was not able to pay, his master commanded that he be sold, with his wife and children and all that he had, and that payment be made. ²⁶ The servant therefore fell down before him, saying, 'Master, have patience with me, and I will pay you all.' ²⁷ Then the master of that servant was moved with compassion, released him, and forgave him the debt.

²⁸ "But that servant went out and found one of his fellow servants who owed him a hundred denarii; and he laid hands on him and took *him* by the throat, saying, 'Pay me what you owe!' ²⁹ So his fellow servant fell down at his feet and begged him, saying, 'Have patience with me, and I will pay you all.' ³⁰ And he would not, but went and threw him into prison till he should pay the debt. ³¹ So when his fellow servants saw what had been done, they were very grieved, and came and told their master all that had been done. ³² Then his master, after he had called him, said to him, 'You wicked servant! I forgave you all that debt because you begged me. ³³ Should you not also have had compassion on your fellow

servant, just as I had pity on you?’³⁴ And his master was angry, and delivered him to the torturers until he should pay all that was due to him.

³⁵ “So My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses.”

Forgiveness

Colossians 2:13 (NKJV)

¹³ And you, being dead in your trespasses and the uncircumcision of your flesh, He has made alive together with Him, having forgiven you all trespasses,

Acts 13:38–39 (NKJV)

³⁸ Therefore let it be known to you, brethren, that through this Man is preached to you the forgiveness of sins; ³⁹ and by Him everyone who believes is justified from all things from which you could not be justified by the law of Moses.

2 Corinthians 5:19 (NKJV)

¹⁹ that is, that God was in Christ reconciling the world to Himself, not imputing their trespasses to them, and has committed to us the word of reconciliation.

1 John 1:7;9 (NKJV)

⁷ But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.

. ⁹ If we confess our sins, He is faithful and just to forgive us *our* sins and to cleanse us from all unrighteousness.

Hebrews 8:10–12 (NKJV)

¹⁰ *For this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put My laws in their mind and write them on their hearts; and I will be their God, and they shall be My people.¹² For I will be merciful to their unrighteousness, and their sins and their lawless deeds I will remember no more.*”

1 John 2:12 (NKJV)

¹² I write to you, little children,
Because your sins are forgiven you for His
name's sake.

Ephesians 4:32 (NKJV)

³² And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

Ephesians 5:1 (NKJV)

5 Therefore be imitators of God as dear children.

Colossians 3:12–13 (NKJV)

¹² Therefore, as *the* elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; ¹³ bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also *must do*.

1. Death for Life

2. Forgiveness for Debt

3. Righteousness for Sinfulness

2 Corinthians 5:21 (NKJV)

²¹ For He made Him who knew no sin *to be* sin for us, that we might become the righteousness of God in Him.

Romans 8:3–4 (NKJV)

³ For what the law could not do in that it was weak through the flesh, God *did* by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh, ⁴ that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.

Galatians 3:13 (NKJV)

¹³ Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, “*Cursed is everyone who hangs on a tree*”),

1 Peter 3:18 (NKJV)

¹⁸ For Christ also suffered once for sins, the just for the unjust, that He might bring us to God, being put to death in the flesh but made alive by the Spirit,

Romans 5:19 (NKJV)

¹⁹ For as by one man’s disobedience many were made sinners, so also by one Man’s obedience many will be made righteous.

Romans 10:3–4 (NKJV)

³ For they being ignorant of God's righteousness, and seeking to establish their own righteousness, have not submitted to the righteousness of God.

⁴ For Christ *is* the end of the law for righteousness to everyone who believes.

1 Corinthians 1:30 (NKJV)

³⁰ But of Him you are in Christ Jesus, who became for us wisdom from God—and righteousness and sanctification and redemption—

Philippians 3:8–9 (NKJV)

⁸ Yet indeed I also count all things loss for the excellence of the knowledge of Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them as rubbish, that I may gain Christ
⁹ and be found in Him, not having my own righteousness, which *is* from the law, but that which *is* through faith in Christ, the righteousness which is from God by faith;

Exchange #1 is

1. Death for Life

2. Forgiveness for Debt

3. Righteousness for Sinfulness

Question

How are we to receive the benefits of this 1st Exchange?

Exchange #1 is given for Exchange #2

Exchange #2

1. Death for Life

Luke 9:23–25 (NKJV)

²³ Then He said to *them* all, “If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me. ²⁴ For whoever desires to save his life will lose it, but whoever loses his life for My sake will save it. ²⁵ For what profit is it to a man if he gains the whole world, and is himself destroyed or lost?

Luke 14:25–27 (NKJV)

²⁵ Now great multitudes went with Him. And He turned and said to them, ²⁶ “If anyone comes to Me

and does not hate his father and mother, wife and children, brothers and sisters, yes, and his own life also, he cannot be My disciple. ²⁷ And whoever does not bear his cross and come after Me cannot be My disciple.

John 12:25 (NKJV)

²⁵ He who loves his life will lose it, and he who hates his life in this world will keep it for eternal life.

1 Corinthians 15:31 (NKJV)

³¹ I affirm, by the boasting in you which I have in Christ Jesus our Lord, I die daily.

1. Death for Life

2. Repentance for Forgiveness

Acts 2:36–38 (NKJV)

³⁶ “Therefore let all the house of Israel know assuredly that God has made this Jesus, whom you crucified, both Lord and Christ.”

³⁷ Now when they heard *this*, they were cut to the heart, and said to Peter and the rest of the apostles, “Men *and* brethren, what shall we do?”

³⁸ Then Peter said to them, “Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit.

Acts 3:19 (NKJV)

¹⁹ Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord,

Acts 17:30 (NKJV)

³⁰ Truly, these times of ignorance God overlooked, but now commands all men everywhere to repent,

Acts 26:20 (NKJV)

²⁰ but declared first to those in Damascus and in Jerusalem, and throughout all the region of Judea, and *then* to the Gentiles, that they should repent, turn to God, and do works befitting repentance.

1 Thessalonians 1:9 (NKJV)

⁹ For they themselves declare concerning us what manner of entry we had to you, and how you turned to God from idols to serve the living and true God,

1. Death for Life

2. Repentance for Forgiveness

3. Slavery for Lordship.

Romans 6:16–18 (NKJV)

¹⁶ Do you not know that to whom you present yourselves slaves to obey, you are that one's slaves whom you obey, whether of sin *leading* to death, or of obedience *leading* to righteousness? ¹⁷ But God be thanked that *though* you were slaves of sin, yet you obeyed from the heart that form of doctrine to which you were delivered. ¹⁸ And having been set free from sin, you became slaves of righteousness.

Romans 6:20–22 (NKJV)

²⁰ For when you were slaves of sin, you were free in regard to righteousness. ²¹ What fruit did you have then in the things of which you are now ashamed? For the end of those things *is* death. ²² But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life.

Titus 3:3 (NKJV)

³ For we ourselves were also once foolish, disobedient, deceived, serving various lusts and pleasures, living in malice and envy, hateful and hating one another.

Romans 3:9–12 (NKJV)

⁹ What then? Are we better *than they*? Not at all. For we have previously charged both Jews and Greeks that they are all under sin.

¹⁰ As it is written:

“There is none righteous, no, not one;

¹¹ *There is none who understands;*

There is none who seeks after God.

¹² *They have all turned aside;*

They have together become unprofitable;

There is none who does good, no, not one.”

We exchange Slavery to sin for the Lordship of Christ**Romans 10:9–13 (NKJV)**

⁹ that if you confess with your mouth the **Lord** Jesus and believe in your heart that God has raised Him from the dead, you will be saved.

¹² For there is no distinction between Jew and Greek, for the same **Lord** over all is rich to all who call upon Him. ¹³ For “*whoever calls* on the name of the **Lord** shall be saved.”

v 13 is from

Joel 2:32 (NKJV)

³² And it shall come to pass

That whoever calls on the name of the **LORD**
Shall be saved.

For in Mount Zion and in Jerusalem there shall be
deliverance,

As the **LORD** has said,

Among the remnant whom the **LORD** calls.

So the Exchange of

1. Death of self for Life of Christ

2. Repentance for Forgiveness

3. Slavery of Sin for the Lordship of Christ

Grants us

1. Life for Death

2. Forgiveness for Debt

3. Righteousness for Sinfulness

One exchange for Another.