

THAT WAS THEN, THIS IS NOW!

Defeating Discouragement

1 Kings 19

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Bottom Line:

As new creations in Christ, believers can face problems with a new perspective and strategy that affirms God's sovereignty!

1. *Keep moving forward by _____ without retreating in _____. 1 Kings 19:1-3*

2. *Keep focused on making an _____ for Christ without getting out of _____. 1 Kings 19:3-5*

The steps to despair:

- Loses biblical perspective (_____/deception)
- Focuses on problems (_____)
- Begins negative self-talk (_____)
- Isolates from other believers (_____)

The steps to despair....

- Feels defeated in the struggle (_____)

- Believes there is no hope (_____)

3. *Refocus your thinking on the _____ of God without falling into _____ thinking. 1 Kings 19:6-10*

4. *Confront your _____ (accurately) without turning away from _____. 1 Kings 19:11-13*

5. *Return to your God-given _____ without forgetting what God has _____ you. 1 Kings 19:15-17*

6. *Reconnect with God's _____ without sliding into periodic _____. 1 Kings 19:18*

Conclusion: