EDGEMONT BIBLE CHURCH



PASTOR DOUGLAS A WHITE

"BEING A RESTORED HUMAN"



*"REST" part 4*HEBREWS 3:7-4:11

- I. GOD HAS ALWAYS INTENDED A REST FOR HIS PEOPLE
 - A. Rest is the teamwork of God and His Images to fill the earth with His glory
 - B. Humans were not creators but lords of the planet; they are not the essence of God but bearers of the attributes of God, His image
 - C. Schooling for lords; e.g. Jesus and the disciples
 - D. Hacking school; losing student status
 - E. Distrust=sin=separation=hard work without God's aid on land that fights against us; a reminder of the cost of distrust and the need to repent; stubbornness, pride and hardened heart keeps us from repenting
 - F. Cursed with the knowledge of good and evil without the benefit of holiness and godliness to give it meaning; humility, repentance, faith, and restoration
 - G. Faith is the operating principle of the cosmos of this age; it is the tool through which the rest is established; without faith there is no rest; without faith there is no relationship to God and He is the necessity of rest
 - H. Rest is the final state of the faithful

II. THE DOOR TO REST IS NOT ALWAYS OPEN

- A. The Hebrews were facing a harsh reality
- B. Israel provoked God with unbelief
- C. He swore they would not enter His rest: door closed

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- D. Various terms are used to describe the unbelief that results in the closed door to rest:
- E. They never entered the rest of the promised land but died in the wilderness having done nothing with their lives but surviving; fruitless waste of life
- F. Joshua did bring the believers to the promised land. Like the Sabbath, it was a picture to them of God's ultimate rest if they but believed Him

III. LET US BE DILIGENT TO ENTER THAT REST

- A. Trust there is an ultimate rest for God's people
- B. Accept that we who have believed the gospel have entered that rest; in training now; school of lords
- C. Be diligent to continue in what has started
 - 1. Surround your waking hours with
 - a. Thanksgiving and praise
 - b. The word of God applying it as you learn
 - c. Continuous prayer use Bible prayers
 - d. Praise
 - e. Acts of love and mercy
 - f. Rehearsing your position and believing what God says about you; think purpose
 - 2. Use symbols, reminders as needed
 - 3. Read good books; listen to good books
 - 4. Listen to good messages
 - 5. Build good, godly relationships
 - 6. Practice faith extend yourself; do hard things
 - 7. See yourself in the will and hands of God
 - 8. Get a good Christian friend to grow with
 - 9. Start looking forward to Christ's coming