

5. When we seek God's courage to do hard things.

Examples of right anger:

1 Samuel 20

Genesis 40

Genesis 34:7

2 Samuel 13

Exodus 11

Exodus 32,

1 Samuel 11

Nehemiah 5

John 2

Mark 3

Mark 10

How Anger Goes Right

Scripture Reading: Mark 2:23-3:5

Anger goes right...

1. When we stay within our role.

Romans 12:19 (ESV) *Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, "Vengeance is mine, I will repay, says the Lord."*

Prayer examples: Psalm 7:6, 56:7, 69:24

2. When we imitate God's slowness to anger:

Proverbs 29:20 *Do you see a man who is hasty in his words? There is more hope for a fool than for him.*

James 1:19 *Everyone must be quick to hear, slow to speak and slow to anger;*

Proverbs 14:29 *He who is slow to anger has great understanding, But he who is quick-tempered exalts folly.*

Proverbs 15:18 *A hot-tempered man stirs up strife, But the slow to anger calms a dispute.*

Proverbs 19:11 *A man's discretion makes him slow to anger, And it is his glory to overlook a transgression.*

Proverbs 16:32 *He who is slow to anger is better than the mighty, And he who rules his spirit, than he who captures a city.*

a. Don't say the first words that come to mind.

b. Give ourselves time to pray.

James 4:1-2 *What is the source of quarrels and conflicts among you? Is not the source your pleasures that wage war in your members? You lust and do not have; so you commit murder. You are envious and cannot obtain; so you fight and quarrel. You do not have because you do not ask.*

c. Consider if the best response is simply trust.

d. Clarify the problem instead of just turning against the person

e. Humbly question our insight.

James 1:19 *Be quick to hear, slow to speak.*

Psalm 119:104 *From Your precepts I get understanding; Therefore I hate every false way.*

f. Humbly question our focus.

James 4:8

g. Repent of any wrong initial responses.

James 4:6-8

h. Consider God's exhortation about covering the sins of others.

Proverbs 10:12 *Hatred stirs up strife, But love covers all transgressions.*

1 Peter 4:8 *Above all, keep fervent in your love for one another, because love covers a multitude of sins.*

Proverbs 19:11 *A man's discretion makes him slow to anger, And it is his glory to overlook a transgression.*

i. Follow God's pattern of patience.

3. When we join anger together with other Christ-like characteristics.

Psalm 86:15 *But You, O Lord, are a God merciful and gracious, Slow to anger and abundant in lovingkindness and truth.*

4. When we act constructively.

What God does is "act redemptively and constructively in the presence of wrong." (Powlison)

Walk in love. Let all things be done for building up. [Do] not lose heart in doing good. Love your enemies. Pursue the things which make for peace. Overcome evil with good.

Mark 3