

ENDURE

with eyes fixed on

→ JESUS ←

THE LETTER TO THE HEBREWS

Scripture Reading

Hebrews 3:1–4:13

The main point of Hebrews 3:1–4:13

Rest from suffering will be enjoyed *only* by those who persevere in trusting Jesus.

Rest from suffering will *never* be found in turning away from him.

WHAT DOES IT MEAN TO “ENTER GOD’S REST”?

1. The Beginning of Rest (Genesis 2—5000bc?)
on the seventh day of Creation
2. The Reminder of Rest (Exodus 20—1450bc)
observing the weekly Sabbath day
3. The Illustration of Rest (Numbers 14—1400bc)
entering the Promised Land
4. The Fulfillment of Rest (Matthew 11:28—30ad)
being reconciled to God by following Jesus
5. The Perfection of Rest (Revelation 14:13)
eternity in God’s presence and kingdom

*If you want rest from suffering,
don't stop following Jesus.*

*If you turn away from Jesus,
you will fail to enter God's rest.*

*Every Christian needs
daily exhortation from God's word
to keep our hearts from hardening.*

— A hard heart is a “real danger.”

— Giving and receiving exhortation is
every Christian's daily “obligation.”