

“The Pursuit of Self-Control” 2 Peter 1:6
12/8/19, GCC Morning Worship

Introduction:

- A. Is there any area of your life that is out of control? Is there any area of your life where you sense a tension in your conscience?
 - B. A stagnant faith is an awkward thing. Christians are called to supplement their faith with self-control
- I. Supplement Your Faith with Self-Control (1:6)
- A. Self-Control=Self Mastery, Restraint
 - B. Instead of being controlled by passions, you are controlled by who you really are: a new creation in Christ
 - C. There is a difference between embracing the mere proposition that I am a new creation in Christ and actually applying that conviction to areas of your life.
- II. Three Worldly Blinders that Inhibit Self-Control
- A. Unbridled Self-indulgence and Excess
 - B. Immediate Gratification
 - C. Perennial Blame-shifting
- If there is something wrong with me or my actions, it has to be someone else's fault.*
- 1. How Christians Wear These Blinders:
 - a. Our upbringing has become a crutch
 - b. Our peculiar psychological make-up has become a crutch
- III. How the Gospel Rips off Blinders and Fosters Self-Control (1:8–9)
- A. The gospel tells you that you were cleansed from both the penalty and the power of these sins that so often inhibit self-control
- IV. Six Ways to Supplement your Faith with Knowledge and Self-Control
- A. Think before you act
 - B. Draft an intentional game-plan for action
 - C. Talk yourself through the struggle
 - D. Be realistic with your goals
 - E. Enlist an accountability partner
 - F. The “Smelling Salt” Question