

Breaking Free: Session 3: Repentance

Small Groups (30 minutes)

- Quote the verses if you can.
- How are you doing with Scripture, prayer, & fellowship?
- Share your progress from the exercises – especially #3 (experiences of the presence of God).
- Share which idols you discovered. What brought you to the conclusion that those were idols in your heart?
- If you have extra time – pray for each other.

Repentance

Decision

Contrition

Protection

Proverbs 5-7

Proverbs 5:8 Keep to a path far from her, do not go near the door of her house,

Matthew 5:29

Godliness Training Exercises

1. Pray for Victory throughout the Day, and to expose things that need to be amputated
2. Read Pr.5, 6, or 7 each day
3. Repent of idols and set up protections in your life (secure a perimeter). Ask for help from a mentor if needed.
4. Try again on the Next Step for Your Prayer Life
5. Read the Preface and do one of the devotionals from What's So Great About God? each day. At the end of the day answer this question: Did I experience this attribute today? If yes, write down a brief description of the experience.
6. Review Galatians 5:16 Isa.55:2 daily. Memorize Pr.5:8 word for word
7. Come to worship and prayer group Sunday