

# Fear, Worry and Anxiety – A Biblical Analysis and Prescription

WRPC - J Term – Taught by Pastor Dan Dodds – Winter 2018

## CLASS 2 – CAUSES, EFFECTS, TYPES AND USES OF FEAR

### I. Review

### II. 7 Causes of Fear

a. **CAUSE 1:** We shall find the \_\_\_\_\_ fears of most good men to spring out

of their \_\_\_\_\_ of

i. \_\_\_\_\_

ii. \_\_\_\_\_

iii. \_\_\_\_\_

iv. \_\_\_\_\_

v. \_\_\_\_\_

b. **CAUSE 2:** A guilty \_\_\_\_\_

c. **CAUSE 3:** The sin of \_\_\_\_\_.

d. **CAUSE 4:** Fears are provoked when we read in Scripture of the “\_\_\_\_\_ administration of \_\_\_\_\_ in this world”

e. **CAUSE 5:** “Our \_\_\_\_\_ love of life, and the \_\_\_\_\_ and conveniences thereof...did we love our lives less, we should fear and tremble less than we do.”

f. **CAUSE 6:** \_\_\_\_\_ influence

### III. Effects of Fear

a. **EFFECT 1:** \_\_\_\_\_ of mind and duty

b. **EFFECT 2:** Lying and \_\_\_\_\_

c. **EFFECT 3:** Slavish \_\_\_\_\_ open the door to \_\_\_\_\_ sins

# Fear, Worry and Anxiety – A Biblical Analysis and Prescription

WRPC - J Term – Taught by Pastor Dan Dodds – Winter 2018

- d. **EFFECT 4:** Fear produces \_\_\_\_\_
- e. **EFFECT 5:** Fear can lead to \_\_\_\_\_
- f. **EFFECT 6:** Sinful fear puts men under great \_\_\_\_\_ of spirit

## IV. Types of Fears (1): Natural fears

## V. Types of Fears (2): Sinful fears (Priolo)

- a. When it proceeds from \_\_\_\_\_ or distrust in God
- b. When that which produced the fear is attributed more to \_\_\_\_\_ than what the \_\_\_\_\_ allows
- c. When it attributes to God \_\_\_\_\_ that are \_\_\_\_\_ with His nature
- d. When we fear what God \_\_\_\_\_ us to fear
  - i. People
  - ii. Our environment or circumstances
  - iii. Bad news
- e. When it is rooted in the loss of some \_\_\_\_\_ desire
- f. When it is so paralyzing that it keeps us from \_\_\_\_\_ our biblical \_\_\_\_\_, (loving God and neighbor as the Bible commands).
- g. When it is rooted in \_\_\_\_\_ rather than love

## VI. God's Uses of Our Fears

- a. **WCF 5:5** The most wise, righteous, and gracious God doth oftentimes leave, for a season, His own children to manifold temptations, and the corruption of their own hearts, to chastise them for their former sins, or to discover unto them the hidden strength of corruption and deceitfulness of their hearts, that they may be humbled; and, to raise them to a more close and constant dependence for their support upon Himself, and to make them more watchful against all future occasions of sin, and for sundry other just and holy ends.