

**IX. GET BETTER AND NOT BITTER THROUGH THE TOUGH TIMES OF LIFE**

*“looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled;”* Hebrews 12:15

**X. THE BIBLE IS THE GREATEST HEALTH BOOK**

*20 My son, give attention to my words; Incline your ear to my sayings.*

*21 Do not let them depart from your eyes; Keep them in the midst of your heart;*

*22 For they are life to those who find them, And health to all their flesh.”* Proverbs 4:20-22

**XI. THE DANGER OF DISTRACTED DRIVING**

*“Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets.”* Matthew 7:12

**XII. GOD IS FAITHFUL**

*“Great is Your faithfulness.”* Lamentations 3:23b

**I’M SIXTY AND REFLECTING**

Top Dozen Life Lessons From My First Sixty Years

**Pastor Steve Reynolds**

**INTRODUCTION**

**A.** We live life looking forward. We understand life looking backward.

**B.** Life reflection is a positive discipline when done correctly.

Guidelines For Reflecting In *Halftime* by Bob Buford:

1. Make peace.
2. Take time.
3. Be deliberate.
4. Share the journey.
5. Be honest.
6. Be patient.
7. Have faith.

**B. TEXT:** Philippians 4:11-13 (Pew Bible/Pg. 870/New Test.)

**What Lessons Have You Learned So Far In Life?**

## I'M SIXTY AND REFLECTING

Top Dozen Life Lessons From My First Sixty Years

- I.** THE BIBLE WILL KEEP ME FROM SIN OR SIN WILL KEEP ME FROM THE BIBLE  
*"Your word I have hidden in my heart, That I might not sin against You."* Psalm 119:11
- II.** THOSE CLOSEST TO ME WILL DETERMINE THE LEVEL OF MY SUCCESS  
*"As iron sharpens iron, So a man sharpens the countenance of his friend."* Proverbs 27:17
- III.** PRAY LIKE IT ALL DEPENDS ON GOD AND WORK LIKE IT ALL DEPENDS ON ME  
*"For we are God's fellow workers;..."* I Corinthians 3:9a
- IV.** MY ATTITUDE, NOT MY APTITUDE, WILL DETERMINE MY ALTITUDE IN LIFE  
*"19 Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?  
20 For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's."*  
I Corinthians 6:19-20

- V.** ALWAYS ASK "WHAT WOULD JESUS DO?" AND THEN DO IT  
*"For to me, to live is Christ, and to die is gain."* Philippians 1:21
- VI.** THE DECISIONS I MAKE WILL TURN AROUND AND MAKE ME  
*"7 Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap.  
8 For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life."* Galatians 6:7-8
- VII.** MY CHILDREN BRING ME THE GREATEST PLEASURE AND PAIN  
*"I have no greater joy than to hear that my children walk in truth."* II John 4
- VIII.** EVERYTHING RISES AND FALLS ON LEADERSHIP  
*"So I sought for a man among them who would make a wall, and stand in the gap before Me on behalf of the land, that I should not destroy it; but I found no one."* Ezekiel 22:30