

Psalm 121:1,2
MY HELP COMES FROM JEHOVAH

- I. The pilgrim's longing.
 - A. The psalm expresses the spiritually weary pilgrim longing to be assured that God still is in a positive relationship with him.
 - B. The name "Jehovah" helps us understand the relationship He has established and maintains.
 - 1. In the Old Dispensation this was in the Temple, where God dwelt with His people (cf. Ps. 27:4).
 - 2. In the New Dispensation we have Immanuel, God with us – with each one of us.
 - C. More: Jerusalem and the temple were types of heaven.
 - 1. Heaven is called the new Jerusalem where God dwells with His people in Christ in perfect fellowship and friendship.
 - 2. Now we are pilgrims who enjoy the beginning of God's blessings in anticipation of the fullness of God's blessed fellowship.
- II. This pilgrim song expresses trust and reliance on Jehovah for His help.
 - A. As each of us make our trek to Zion we face the devil, the alluring world, and our old man.
 - B. Jehovah is the Helper and Keeper (Preserver) of His people.
 - 1. "Help" conveys the idea of aiding someone by surrounding them in order to defend them.
 - 2. And He is our "keeper," guard, set a watch, protector, or preserver (3,4,5,7,8).
 - C. We must look upward to Jehovah for help. If we look at the winds and the waves we will sink.
 - 1. The power of God is far greater than of all the forces against us, for He made them.
 - 2. He works by His almighty Spirit and Word to strengthen us so we may resist the wiles and attacks of the devil.
 - D. As you begin your life as a confessing member, lift up your eyes to Jehovah, through prayer and seek Him in His Word.
 - E. And you are to know that His Help is eternal: "forevermore."