

## Our Help Comes From the Lord

Grace Church: **Behold your God!**

1. Behold His Power:

- a. He is the **Creator** of all things. (v.2)
- b. He is **sovereign** over all things.
- c. He is **supreme** in all things.

2. Behold His Providence:

- a. The Lord **sustains** what He creates. (v.3)
- b. The Lord **watches over** His own unceasingly. (v.4)

3. Behold His Presence:

- a. It is the Lord **Himself** who is with you. (v.5)
- b. His presence is **constant**. (v.6)

4. Behold His Protection:

- a. His protection is **absolute**. (v.7)
- b. He is **faithful** now and forever. (v.8)

### Applying Psalm 121:

- Let's be quick to **acknowledge** our need for help.
- Let's rest **confidently** in the faithfulness of our God.
- Let's **journey** on.

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