

“Worry-Free 2019!”

Matthew 6:25-34

East Berlin Community Church

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Introduction

- Materialism’s two forms: Hoarding Wealth and Harboring Worry.
- Three-peat: ***“Do not worry!”***-- v. 25, 31, 34
- Worry: The preoccupation of our minds

Worry-Free 2019!

A. Why do we worry? -- Matthew 6:25-30

1. We inadequately assess life. -- 6:25
2. We doubt our worth in God’s sight. -- 6:26
3. We think that worry will change things. -- 6:27
4. We fail to trust God’s loving care. -- 6:28-30

B. How can we be “worry-free”? – Matthew 6:31-34

1. Begins with a conscious decision that we are not going to worry.

- a. Subtle change in Greek text—Matthew 6:25, 31
- b. Why we should make the choice not to worry? -- Matthew 6:32
 - 1) We are to be different from the world.
 - 2) Our heavenly father knows our needs

2. Actively trust God to keep His promises – Matthew 6:33

- a. By Praying for our daily needs—Phil. 4:6-7; 1 Peter 5:7
- b. By Pursing Proper Priorities—Matthew 6:33
 - 1) What are the “proper priorities?”—2 Cor. 11:28-29; Phil. 2:20-21; 1 Cor. 12:25-26
 - 2) God’s promise: He will bless us!
 - 3) Application; Grace giving 2 Corinthians 8-9
 - 4) Illustration: Widow of Zeraphath-- 1 Kings 17
 - 5) Active faith in God does not mean...
 - a) That we do not need to work
 - b) Does not give us the right to say to a brother in financial need, “Just trust God”
- c. By Learning to be content
 - a. Contentment is a learned, not something that comes naturally—Phil. 4:11-12
 - b. True gain in life is measured by degree of godliness with contentment.—1 Tim. 6:6
 - c. Contentment comes through trusting God...
 - 1) Who owns everything, including this universe—Psa. 24:1
 - 2) Who controls everything.—1 Chronicles 29:12
 - 3) Who provides everything.—Phil. 4:19

3. Living Fully in the Present—Matthew 6:34

- a. Procrastination: Today’s problems postponed till tomorrow
- b. Worry: Tomorrow’s forecasted problems today.