

**Hebrews 10:22**

**(ESV)**

22 let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water.

**Hebrews 2:9-18**

**(ESV)**

9 But we see him who for a little while was made lower than the angels, namely Jesus, crowned with glory and honor because of the suffering of death, so that by the grace of God he might taste death for everyone.

10 For it was fitting that he, for whom and by whom all things exist, in bringing many sons to glory, should make the founder of their salvation perfect through suffering.

11 For he who sanctifies and those who are sanctified all have one source. That is why he is not ashamed to call them brothers, 12 saying,

“I will tell of your name to my brothers;  
in the midst of the congregation I will sing your praise.”

13 And again,

“I will put my trust in him.”  
And again,

“Behold, I and the children God has given me.”  
14 Since therefore the children share in flesh and blood, he himself likewise partook of the same things, that through death he might destroy the one who has the power of death, that is, the devil,

15 and deliver all those who through fear of death were subject to lifelong slavery.

16 For surely it is not angels that he helps, but he helps the offspring of Abraham.

17 Therefore he had to be made like his brothers in every respect, so that he might become a merciful and faithful high priest in the service of God, to make propitiation for the sins of the people.

18 For because he himself has suffered when tempted, he is able to help those who are being tempted.

**Hebrews 4:14-16**

**(ESV)**

Jesus the Great High Priest

14 Since then we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession.

15 For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin.

16 Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

**Hebrews 5:1-10**

**(ESV)**

1 For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins.

2 He can deal gently with the ignorant and wayward, since he himself is beset with weakness.

3 Because of this he is obligated to offer sacrifice for his own sins just as he does for those of the people.

4 And no one takes this honor for himself, but only when called by God, just as Aaron was.

5 So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him,

“You are my Son,  
today I have begotten you”;

6 as he says also in another place,

“You are a priest forever,  
after the order of Melchizedek.”

7 In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard because of his reverence.

8 Although he was a son, he learned obedience through what he suffered.

9 And being made perfect, he became the source of eternal salvation to all who obey him,

10 being designated by God a high priest after the order of Melchizedek.

**Hebrews 7:23-25**  
(ESV)

23 The former priests were many in number, because they were prevented by death from continuing in office,

24 but he holds his priesthood permanently, because he continues forever.

25 Consequently, he is able to save to the uttermost those who draw near to God through him, since he always lives to make intercession for them.

**Psalm 103:14**  
(ESV)

14  
For he knows our frame;  
he remembers that we are dust.

**The Last Stanza of William Shattner's Poem,  
The Transformed Man**

Then one day, in the split of the moment the  
**shutter within flashed open**  
And a gush of light flooded my being  
I became as a **pure crystal submerged in a  
translucent sea**  
And **I knew that I had been awakened**  
I had touched the face of God!

**Colossians III.3**  
**Our Life Is Hid With Christ in God**  
**BY GEORGE HERBERT**

MY words and thoughts do both express this  
notion,  
That LIFE hath with the sun a double motion.  
The first IS straight, and our diurnal friend:  
The other HID, and doth obliquely bend.  
One life is wrapt IN flesh, and tends to earth ;  
The other winds t'wards HIM whose happy birth  
Taught me to live here so THAT still one eye  
Should aim and shoot at that which IS on high—  
Quitting with daily labour all MY pleasure,  
To gain at harvest an eternal TREASURE.

**As Kingfishers Catch Fire**  
**BY GERARD MANLEY HOPKINS**

As kingfishers catch fire, dragonflies draw flame;  
As tumbled over rim in roundy wells  
Stones ring; like each tucked string tells, each hung bell's  
Bow swung finds tongue to fling out broad its name;  
Each mortal thing does one thing and the same:  
**Deals out that being indoors each one dwells;**  
Selves — goes itself; *myself* it speaks and spells,  
Crying *What I do is me: for that I came.*

I say more: the just man justices;  
Keeps grace: that keeps all his goings graces;  
Acts in God's eye what in God's eye he is —  
**Christ. For Christ plays in ten thousand places,**  
Lovely in limbs, and lovely in eyes not his  
To the Father through the features of men's faces.

**Psalm 19:1-6**

**(ESV)**

*The Law of the Lord Is Perfect*

*To the choirmaster. A Psalm of David.*

1

*The heavens declare the glory of God,  
and the sky above proclaims his handiwork.*

2

*Day to day pours out **speech**,  
and night to night reveals **knowledge**.*

3

***There is no speech, nor are there words,  
whose voice is not heard.***

4

***Their voice goes out through all the earth,  
and their words to the end of the world.***

*In them he has set a **tent for the sun**,*

5

*which comes out like a bridegroom leaving his  
chamber;  
and, like a strong man, runs its course with joy.*

6

*Its rising is from the end of the heavens,  
and its circuit to the end of them,*

**From *Wonder Works* by Angus Fletcher: The  
“Spiral of Intimate Speech”**

Self-disclosure (from the wooer) + *Stretch* —>  
Dopamine neurons primed (filled with dopamine)  
and touch of pleasure is experienced

Self-disclosure (from the wooed) + *Stretch* —>  
Dopamine released and pleasure is experienced

At this level, this is just “...infatuation, a flirt, a  
prelude...” (p. 47).

“...keep on exchanging wonder-enriched self-  
disclosures with our wooer, creating a reciprocal  
cycle of dopamine prime and release that makes  
us feel increasingly happy together and  
encourages us to disclose more personal details to  
each other until we’ve built an intimate emotional  
bond” (p. 48)

“...a great deal of love’s bliss comes from the  
pleasures of our own self-disclosures...” (p. 48)

“...our brain is rather egoistically  
swooning for itself: *I like myself more  
when I’m with you*” (p.48).

“...as love deepens, the second part of the  
blueprint, the “stretch,” becomes less  
important. we no longer have to seduce  
our loved one with dazzle; we can simply  
confess our intimate secrets in all their  
humdrum ordinariness, and we’ll still  
deepen our emotional bond. That’s the  
real wonder of love: not needing  
anything more wondrous than ourselves”  
(p. 48).