

Ephesians Series

Lesson #175

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Dean Bible Ministries

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Anger: Manage it or Conquer it?

Ephesians 4:26–27



EPHESIANS

THE WEALTH, WALK
& WARFARE
OF THE BELIEVER

Anger is a Gateway Sin



1. We believe the Bible, and only the Bible, has the answer.

2 Pet. 1:3, “as His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue,

2 Pet. 1:4, “by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust.”

2. Spiritual transformation vs. psychological transformation

**Rom. 12:2, “And do not be pressed into the mold of your culture’s values and methodology, but be transformed by the total renovation of how and what you think, that your life will be evidence that the will of God (what He says in the Bible) is good and acceptable and (perfect) complete.”
~RD paraphrase**

Rom. 12:2, “And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.” ~NKJV

3. The world system, the spirit of the age, which we refer to as human viewpoint, the way of the flesh, is set in direct conflict with the Word of God. Satan vs. God, human viewpoint vs. Divine viewpoint.

Prov. 14:12, “There is a way that seems right to a man, but its end is the way of death.”

Prov. 14:27, “The fear of the LORD is a fountain of life, to turn one away from the snares of death.”

Prov. 16:25, “There is a way that seems right to a man, but its end is the way of death.”

4. God's way is not man's way. God's solution is to give us *victory* over sin, not simply to *manage* sin.

Rom. 12:16, “Be of the same mind toward one another. Do not set your mind on high things, but associate with the humble. Do not be wise in your own opinion.”

Rom. 12:17, “Repay no one evil for evil. Have regard for good things in the sight of all men.”

Rom. 12:18, “If it is possible, as much as depends on you, live peaceably with all men.”

4. God's way is not man's way. God's solution is to give us *victory* over sin, not simply to *manage* sin.

Rom. 12:19, “Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, ‘*Vengeance is Mine, I will repay,*’ says the Lord.

Rom. 12:20, “Therefore ‘*If your enemy is hungry, feed him; If he is thirsty, give him a drink; For in so doing you will heap coals of fire on his head.*’

Rom. 12:21, “Do not be conquered by evil, but conquer evil with good.”

**νικάω *nikaō* 2 sing pres act impera
to conquer; have victory, overcome**

5. This means that we need to rethink our priorities. We say the Word of God and our relationship with Him is the most important thing, but does our time management reflect that?

Eph. 5:15, “See then that you walk circumspectly, not as fools but as wise,

Eph. 5:16, “redeeming the time, because the days are evil.”

6. Therefore, to renew the mind, to reshape your soul, to develop the internal framework for dealing with anger or any sin, the Bible must be priority in your life.

Heb. 4:12, “For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.”

Deut. 30:19, “I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore choose life, that both you and your descendants may live;”

Eph. 4:26, “ ‘Be angry, and do not sin’: do not let the sun go down on your wrath,”

Character of the New Man vs. the Old Man

Col. 3:5, “Therefore put to death your members which are on the earth: fornication, uncleanness, passion, evil desire, and covetousness, which is idolatry.

Col. 3:6, “Because of these things the wrath of God is coming upon the sons of disobedience,

Col. 3:7, “in which you yourselves once walked when you lived in them.”

Col. 3:8, “But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, corrupted communication out of your mouth. ~RD

Col. 3:9, “Do not lie to one another, since you have put off the old man with his deeds,”

Prov. 29:22, “An angry person stirs up dissension, and a wrathful person is abounding in transgression.” ~NET

**“Spiritual Skills:
How to Use Divine Solutions
Psalm 62:3–12**