

“Ascended to Fill All Things” (Ephesians 4:7–10)

Big Idea: The church has all it needs from its ascended Lord.

- I. The ascended Christ has gifted His church with great grace. (verse 7)

Ephesians 4:4–16; Romans 12:1–8; 1 Peter 4:10–11

- II. The ascended Lord has lavished His people with great triumph.
(verse 8 and Psalm 68)

Compare Psalm 68:1–3 with Numbers 10:11–12, 33–36

Compare Psalm 68:4–14 with Judges 5

Psalm 24:7–10; Ephesians 2:1–3; Hebrews 2:14–17; Colossians 2:9–10, 13–15
2 Corinthians 2:14

- III. The ascended Lord was first humbled to the grave to secure such gifts.
(verses 9–10)

Matthew 12:38–40; Jonah 2:1–6; Acts 2:23–36

Matthew 5:5; Psalm 37:10–11; Matthew 13:40–43; Daniel 2:34–35, 44–45a; 7: 27

Isaiah 11:9–10

“Christ, as the now exalted Mediator, *fills the entire universe with ‘blessings’* or, if one prefers, with ‘gifts,’ the very gifts which he had earned: salvation full and free and the services of those who proclaim it; such as apostles, prophets, evangelists, etc.” – William Hendriksen, *New Testament Commentary: Exposition of Galatians, Ephesians, Philippians, Colossians, and Philemon*, p. 195

Psalm 110:1–4; Hebrews 4:14–16