## **Marriage RESCUE**

Rescue, repair, rekindle or refine your marriage AND FRIENDSHIPS 2017 Chris Mueller

#1 FOCUS on the	, not your SPOUSE
Ephesians 5:18 And do not get drunk with wine, for that is dis	sipation, but be filled with the Spirit,
Matthew 6:33 seek first His kingdom and His righteousness, a	nd all these things will be added to you.
#2 FLEE actions which	marriage
(and relationships)	
1 <sup>st</sup> FLEE everything which violates	;
2 <sup>nd</sup> FLEE any misuse of	your mouth, but only such a word as is good for
Proverbs 15:1 A gentle answer turns away wrath, But a ha	
3 <sup>rd</sup> FLEE a focus on your spouse's	
4 <sup>th</sup> FLEE useless	

FOLLOW after actions which	marriage
1 st Pursue your mate as your Proverbs 31:28b Her husband also, and he praises her, saying: 29 Many daugexcel them all.	
2 <sup>nd</sup> Pursue trusting and  Proverbs 31:11 The heart of her husband trusts in her, And he will have no la	
B <sup>rd</sup> Pursue bearing and bea Galatians 6:2 Bear one another's burdens, and thereby fulfill the law of Christ Galatians 6:5 For each one will bear his own load.	• •
4 <sup>th</sup> Pursue your; submit and serva Ephesians 5:22 Wives, be subject to your own husbands, as to the Lord. 25 H Christ also loved the church and gave Himself up for her	
1 Peter 3:1 In the same way, you wives, be submissive to your own husbands live with your wives in an understanding way, as with someone weaker, since honor as a fellow heir of the grace of life, so that your prayers will not be hind.	she is a woman; and show her
Colossians 3:18 Wives, be subject to your husbands, as is fitting in the Lord. not be embittered against them.	19 Husbands, love your wives and c
1 Corinthians 7:3 The husband must fulfill his duty to his wife, and likewise all wife does not have authority over her own body, but the husband does; and have authority over his own body, but the wife does. 5 Stop depriving one ar time, so that you may devote yourselves to prayer, and come together again because of your lack of self-control.	likewise also the husband does not nother, except by agreement for a
TAKE HOME	
1-Work on being	
2-Pursuetogether	
3-Choose to	
4- You, Christ can	

## **QUESTIONS FOR COUPLES**

- 1-How can we help each other be filled with the Spirit?
- 2-What are some of the main reasons each spouse loves, trusts and respects the other?
- 3-Where are some areas I need to improve in our marriage? Make this a focus on YOU only...
- 4-Of the main points under FLEEING, which one do I need to work on most? Does my spouse agree?
- 5-Of the main points under PURSUING, which one do I need to work on the most? Does my spouse agree?
- 6-What one action, single change or one minor adjustment does my spouse want me to work on first this week? Just one