

What is Biblical Counseling? Part 2

Jim Newheiser; IBCD Care & Discipleship Curriculum; Coast School of Theology; 2-16/23-2020

Christian Approach to Counseling

A. Radical separation: the pastor and psychologist are professionals working in different realms.

1. Pastors refer cases dealing with emotional problems to qualified counselors.
2. Psychology and biblical Christianity address the same human problems from very different viewpoints.
3. Who is qualified to counsel? Gal 6:1; Rom 15:14

B. Integration: psychologists who happen to be Christians are best suited to helping people with their problems.

1. These people tend to use their psychological training as a starting place, with scripture being applied to support the psychological ideas. Mark 12:31; 2 Tim 3:1-2
2. They tend to accept psychological findings uncritically while neglecting sound in-depth Bible teaching.
3. The danger of integration. 2 Cor 6:14-18