

**Concentration: Mental Unity**  
**Philippians 4:8-9**

**I. REFLECT: "let your mind dwell on these things" (v.8)**

**A. Emphasis:** " Finally, brethren" (v.8a)

1. Specifics: "whatever is..."
  - a. Precise: "true" (factually accurate)
  - b. Principled: "honorable" (religiously devout)
  - c. Pious: "right" (spiritually innocent)
  - d. Pure: "pure" (morally undefiled)
  - e. Pleasing: "lovely" (socially attractive)
  - f. Promising: "of good repute" (verbally commendable)
2. Summary: "if there is..."
  - a. Preeminent: "any excellence" (appropriate)
  - b. Praiseworthy: "anything worthy of praise" (approved)

**B. Exhortation #1:** "let your mind dwell on" (v.8b)

**II. REPEAT: "practice these things" (v.9)**

**A. Example:** "The things you have..." (v.9a)

1. Discipled: "learned" (observation)
2. Desired: "received" (instruction)
3. Discerned: "heard" (assimilation)
4. Demonstrated: "seen" (illustration)

**B. Exhortation #2:** "practice" (v.9b)

**C. Escort:** "the God of peace...with you" (v.9c)

*Next Week: "Contentment: Personal Unity*