

# “How Not to Worry”

Dr. James A. Scudder

February 8, 2012

---

## **Proverbs 12:25**

Heaviness in the heart of man maketh it stoop: but a good word maketh it glad.

## **James 1:5**

If any of you lack wisdom, let him ask of God, that giveth to all *men* liberally, and upbraideth not; and it shall be given him.

## **Philippians 4:2-7**

I beseech Euodias, and beseech Syntyche, that they be of the same mind in the Lord.

<sup>3</sup> And I intreat thee also, true yokefellow, help those women which laboured with me in the gospel, with Clement also, and *with* other my fellowlabourers, whose names *are* in the book of life.

<sup>4</sup> Rejoice in the Lord alway: *and* again I say, Rejoice.

<sup>5</sup> Let your moderation be known unto all men. The Lord *is* at hand.

<sup>6</sup> Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

<sup>7</sup> And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

## **Acts 16:25**

And at midnight Paul and Silas prayed, and sang praises unto God: and the prisoners heard them.

## **Philippians 4:7**

And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

## **Psalms 94:19**

In the multitude of my thoughts within me thy comforts delight my soul.