

Contentment: Personal Unity
Philippians 4:10-13

I. SUPPORTED: "I rejoiced" (v.10)

A. Delight: "I rejoiced in the Lord" (v.10a)

B. Donation: "you have revived your concern" (v.10b)

C. Deterrent: "you lacked opportunity" (v.10c)

II. SATISFIED: "learned to be content" (vv.11-12)

A. Experience: "I have learned to be content" (v.11)

1. Pleased: "Not that I speak from want"

2. Prepared: "in whatever circumstances I am"

B. Exclusion: "to get along with humble means" (v.12a)

C. Excess: "to live in prosperity" (v.12b)

D. Extremes: "I have learned the secret" (v.12c)

III. STRENGTHENED: "I can do all things" (v.13)

A. Physical Power: "I can do all things" (v.13a)

B. Spiritual Power: "through **Him** who strengthens me"
(v.13b)

Concentration: Mental Unity
Philippians 4:8-9

I. REFLECT: "let your mind dwell on these things" (v.8)

A. Emphasis: "Finally, brethren" (v.8a)

1. Specifics: "whatever is..."
 - a. Precise: "true" (factually accurate)
 - b. Principled: "honorable" (religiously devout)
 - c. Pious: "right" (spiritually innocent)
 - d. Pure: "pure" (morally undefiled)
 - e. Pleasing: "lovely" (socially attractive)
 - f. Promising: "of good repute" (verbally commendable)
2. Summary: "if there is..."
 - a. Preeminent: "any excellence" (appropriate)
 - b. Praiseworthy: "anything worthy of praise" (approved)

B. Exhortation #1: "let your mind dwell on" (v.8b)

II. REPEAT: "practice these things" (v.9)

A. Example: "The things you have..." (v.9a)

1. Discipled: "learned" (observation)
2. Desired: "received" (instruction)
3. Discerned: "heard" (assimilation)
4. Demonstrated: "seen" (illustration)

B. Exhortation #2: "practice" (v.9b)

C. Escort: "the God of peace...with you" (v.9c)

Conflict: Relational Unity
Philippians 4:1-7

I. STAND: "stand firm in the Lord" (v.1)

A. Relationship: "my beloved...my joy and crown" (v.1a)

B. Responsibility: "so stand firm in the Lord" (v.1b)

II. SUPPORT: "help these women" (vv.2-3)

A. Expectation: "to live in harmony" (v.2)

1. Appeal: "I urge Euodia and I urge Syntyche"

2. Agreement: "live in harmony in the Lord"

B. Exhortation: "help these women...and the rest" (v.3)

1. Attention: "true comrade, I ask you also..."

2. Assistance: "help these women...Clement...and the rest"

III. SUPPLICATE: "requests...made known" (vv.4-7)

A. Delight: "Rejoice in the Lord always" (v.4)

B. Demonstrate: "Let your forbearing spirit be known" (v.5)

1. Salvation: "your forbearing spirit"

2. Support: "The Lord is near"

C. Depend: "Be anxious for nothing" (vv.6-7)

1. Our Part: "Be anxious for nothing...prayer" (v.6)

2. God's Part: "the peace of God...shall guard" (v.7)

Next Week: "Concentration: Mental Unity"

Read: Philippians 4:8-9