

1. Based on Philippians 4:4-9 how are we to rejoice in the Lord always, be anxious for nothing and enjoy the peace of God? Keep in mind that Paul was writing this encouraging letter from prison.
2. According to Philippians 4:4
 - A. How often are we to rejoice in the lord?
 - B. What hinders you from rejoicing in the Lord always?
3. What is the difference between joy and happiness?
4. The ESV translates the Greek word (Epieikēs) as “reasonableness.” Other Bible translations render this word as, “gentleness” (NIV, NKJV), “gentle spirit” (NASB), “forbearance” (RSV, ASV), “moderation” (KJV, AV 1873), “graciousness” (CSB), etc.
 - A. According to Philippians 4:5a, who all ought to be aware of our Epieikēs?
 - B. How do we strike a balance of displaying our Epieikēs before “everyone” without passively compromising the truth? See 2 Timothy 2:24-26; Romans 12:29; Ephesians 5:11; 2 Corinthians 10:1,4-6; Titus 3:2.
 - C. How do we reconcile this imperative from Paul with: Elijah mocking the prophets of Baal, John the Baptist, and Jesus calling the Jewish leaders a brood of vipers, Jesus turning over the tables in the temple, Paul’s sharp rebukes to the Judaizers in Galatia and confronting Peter to his face...etc?
5. According to Philippians 4:6
 - A. What should we be anxious about?
 - B. What should we pray about?
6. According to Philippians 4:8 what are we to be thinking about?
7. How does the list from Philippians 4:8 correspond to the character of Christ?
8. According to Philippians 4:9 what are we to be practicing? Discuss.