

Home Group Helps

1 Thessalonians 5:19-22

Living in the Light of His Return: Striving for Holiness

¹⁹ Do not quench the Spirit; ²⁰ do not despise prophetic utterances. ²¹ But examine everything *carefully*; hold fast to that which is good; ²² abstain from every form of evil.

I. Obey the Holy Spirit (v.19) – ¹⁹ Do not quench the Spirit;

1. What is the Spirit?
2. What is the Holy Spirit's role?
 - A. The Holy Spirit's role in our lives involves regeneration and transformation.
 - B. The Spirit applies God's Word to our lives.
 - C. The Spirit unites with our conscience to affirm or condemn actions.
 - D. The Spirit helps us in prayer by interceding for us.
 - E. The Spirit provides us with a new heart/new affections for God and His law.
 - F. The Spirit provides new affections for other Christians.
 - G. The Spirit provides a spiritual gift to Christians for the work of ministry within the church.
 - H. The Spirit strengthens us for this life.
 - I. The Spirit provides us with hope of the salvation to come.
 - J. The Spirit glorifies Christ and makes us more like Him.
 - K. The Spirit emboldens us to fulfill the great Commission.
3. How do we miss experiencing the Spirit's benefits?
4. What is the solution to quenching the Holy Spirit?

II. Embrace the Holy Scriptures (v.20-21a) – ²⁰ do not despise prophetic utterances. ²¹ But examine everything *carefully*;

1. Do Not Despise
2. But Examine

III. Pursue a Holy Life (v.21b-22) – hold fast to that which is good; ²² abstain from every form of evil.

1. Hold fast to that which is good
2. Abstain from every form of evil

1. Launching Question(s):

- What are some truths that you know about the Holy Spirit?

2. Observation Question(s):

- Looking at the list of the roles of the Holy Spirit in the sermon outline, identify three that have been particular blessings to you and discuss.

3. Interpretation Question(s):

- How does one "quench" the Holy Spirit?
- What happens when the Holy Spirit is quenched?

- How might we avoid quenching the Holy Spirit?
- What does Paul mean by “prophetic utterances?”
- What is the best way to “examine everything [prophetic utterances in particular] carefully?”

4. Reflection Question(s):

- Consider the possibility of wavering in your faith that is implied in the verses. What are the advantages of attending a church with a strong Biblical tradition?

5. Application Question(s):

- What is one way by which you might “hold fast to that which is good; abstain from every form of evil” this week?

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