

NOTES

February 2, 2020

GROUNDHOG DAY

A REOCCURRING SITUATION

Hebrews 12:1-2a *Therefore, since we are surrounded by such a great **cloud** of witnesses, let us throw off everything that hinders and the sin that so easily **entangles**. And let us run with perseverance the race marked out for us, ² fixing our eyes on Jesus, the pioneer and perfecter of faith.*

HOW BAD DO WE WANT IT?

① The power of _____

1 John 2:1 *My dear children, I write this to you so that you will not sin. But if anybody does sin, we have an advocate with the Father—Jesus Christ, the Righteous One.*

“Christians are not better than non-Christians; they are just better off. They are like two men in a plane, one who is wearing a parachute, and one who is not. Both men have to jump. The man wearing the parachute isn’t better than the other man, but he is certainly better off. Christianity is not about being good. It’s about wearing a parachute.” RC

1 John 3:4-6 *Everyone who sins breaks the law; in fact, sin is lawlessness. ⁵ But you know that he appeared so that he might take away our sins. And in him is no sin. ⁶ No one who lives in him keeps on sinning. No one who continues to sin has either seen him or known him.*

② The power of _____

③ The power of _____

over

④ The power of Prayer and _____

Isaiah 58:5-6 *Is this the kind of fast I have chosen, only a day for people to humble themselves? Is it only for bowing one’s head like a reed and for lying in sackcloth and ashes? Is that what you call a fast, a day acceptable to the LORD?*

⁶ *“Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?”*

JUST ONE THING

* It’s time to go after “_____” sin, and be set free

John 8:34-38 *Jesus replied, “Very truly I tell you, everyone who sins is a slave to sin. ³⁵ Now a slave has no permanent place in the family, but a son belongs to it forever. ³⁶ So if the Son sets you free, you will be free indeed. ³⁷ I know that you are Abraham’s descendants. Yet you are looking for a way to kill me, because you have no room for my word. ³⁸ I am telling you what I have seen in the Father’s presence, and you are doing what you have heard from your father.”*

GET ON THE ROAD TO FREEDOM

1. Find two passages of scripture to meditate on every day.
2. Use your will and apply the Bicep Test to your sin.
3. Grow in the presence and Love of Jesus Christ.
4. Add times of fasting to your times of prayer to break the chain.

All references taken from The New International Version of the Bible unless noted.