

(2-22-15)

## BEST WINE FOR SLEEPERS!

**TEXT: Song of Solomon 7:9** And the roof of thy mouth like **the best wine** for my beloved, that **goeth down sweetly, causing the lips of those that are asleep to speak.**

**1 Corinthians 14:20** Brethren, be not children in understanding: howbeit in malice be ye children, but in understanding be men.

"...the English word 'wine' only means alcoholic. There is no other kind of wine. Grape juice is not wine!...What we do know with certainty is that the English word 'wine' only refers to the fermented juice of the grape..."

(LetGodBeTrue, Calvinists from S.C.)

**Isaiah 65:8** Thus saith the LORD, As the **new wine is found in the cluster**, and one saith, Destroy it not; for **a blessing** is in it...

**Judges 9:27** And they went out into the fields, and gathered their vineyards, and **trod the grapes...**

**Isaiah 16:10**...the **treaders** shall tread out no **wine** in their **presses**...

**Lamentations 2:11** Mine eyes do fail with tears, my bowels are troubled, my liver is poured upon the earth, for the destruction of the daughter of my people; because **the children and the sucklings** swoon in the streets of the city.

**12** They say to their **mothers**, Where is corn **and wine**?...when their soul was poured out into their mothers' bosom.

**Song of Solomon 5:1** I am come into my garden, my sister, my spouse: I have gathered my myrrh with my spice; I have eaten my honeycomb with my honey; I have **drunk my wine with my milk**: eat, O friends; drink, yea, **drink abundantly, O beloved.**

**John 2:10** And saith unto him, Every man at the beginning doth set forth **good wine**; and when men have **well drunk**, then that which is worse: but thou hast kept the good wine until now.

**Isaiah 1:22** Thy silver is become dross, **thy wine mixed with water**...

"*Must*, new **wine** - that first pressed out of the grape."

(Blount, *Glossographia*, 1670)

"[*Wine*:]...a Liquor made of the Juice of Grapes, or other fruit."

(John Kersey, *A General English Dictionary*, 1708)

"[*Wine*:] 1. the juice of the grape. 2. a liquor extracted from other fruits besides the

grape."  
(Benjamin Martin, *A New English Dictionary*, 1748)

"Until the close of the last century, nearly every Dictionary of Science included several species of unfermented wine under the head Wine."  
(John William Kirton, *The Temperance Hand-book*, 1874)

"[*Wine*:] The expressed juice of grapes, esp. when fermented..."  
(*Webster's Revised Unabridged Dictionary*, 1913)

**Genesis 40:2** And Pharaoh was wroth against two of his officers, against **the chief of the butlers**, and against the chief of the bakers.

7 And he asked Pharaoh's officers that were with him in the ward of his lord's house, saying, Wherefore look ye so sadly to day?

9 And the chief butler told his dream to Joseph...

11 And Pharaoh's cup was in my hand: and I took **the grapes, and pressed them** into Pharaoh's **cup**, and I gave the cup into Pharaoh's hand.

13 Yet within three days shall Pharaoh lift up thine head, and restore thee unto thy place: and **thou shalt deliver Pharaoh's cup into his hand, after the former manner** when thou wast his butler.

21 And he restored the chief butler unto his butlership again; and **he gave the cup** into Pharaoh's hand:

"From this we find that *wine* anciently was the mere expressed juice of the grape, without fermentation."  
(Adam Clarke)

"...when he had strained **the wine**, he gave it to the king to drink...Thou sayest that thou didst squeeze **this wine** from three clusters of grapes with thine hands..."  
(Josephus, on Genesis 40)

"...the kings of Egypt did not drink fermented wine till...long after the time of Joseph."  
(*The Church of England Temperance Magazine*, 1866)

"Wine and strong drink are a good, a blessing...and to be ranked with corn and oil. The same substances are also an evil. Their use is prohibited; and woe is denounced to all who seek for them. Is there a contradiction here...Not at all. We have seen that these substances were employed by the Hebrews in two different states; the one was a fermented state, the other an unfermented one...to me it seems plain - so plain that no wayfaring man need to mistake it...whenever the Scriptures speak of wine as a comfort, a

blessing...they mean...only such wine as contained no alcohol...wherein they denounce it, prohibit it, and connect it with drunkenness and reveling, they can mean only alcoholic or intoxicating wine..."

(Prof. Moses Stuart, 1800s)

**Isaiah 24:9** They shall not drink wine with a song; **strong drink shall be bitter** to them...

**Proverbs 23:31** **Look not** thou upon **the wine** when it is red, when it giveth his colour in the cup, when it moveth itself aright.

32 At the last it biteth like a serpent, and stingeth like an adder.

33 Thine eyes shall behold strange women, and thine heart shall utter perverse things.

**Proverbs 20:1** Wine is a mocker, strong drink is raging: and whosoever is deceived thereby is not wise.

**1 Samuel 1:14** And Eli said unto her, How long wilt thou be drunken? put away thy **wine** from thee.

15 And Hannah answered and said, No, my lord, I am a woman of a sorrowful spirit: I have **drunk** neither wine nor strong drink, but have poured out my soul before the LORD.

16 Count not thine handmaid **for a daughter of Belial**...

**2 Samuel 16:2** And the king said unto Ziba, What meanest thou by these? And Ziba said, The asses be for the king's household to ride on; and the bread and summer fruit for the young men to eat; and **the wine**, that **such as be faint in the wilderness may drink**.

**Habakkuk 2:15** Woe unto him that **giveth his neighbour drink**, that putteth thy bottle to him, and **makest him drunken also**, that thou mayest look on their nakedness!

"The notion so common in this country that unfermented wines will not keep, that they will soon ferment and spoil, is a most popular error grounded on ignorance..."

(James B. Dunn, 1800s)

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Dreams Are Often Insignificant Vanities:

**Ecclesiastes 5:7** For in the **multitude of dreams** and many words there are also **divers vanities**: but fear thou God.

·1 Dreams Can Be Terrifying, And Disturbing To Sleep:

**Daniel 2:1**...Nebuchadnezzar dreamed dreams, wherewith his spirit was troubled, and his sleep brake from him.

·2 Yet, The Deepest Sleep Can Bring Dreams:

**Job 33:15** In a dream, in a vision of the night, **when deep sleep** falleth upon men...

[Modern researchers define "deep" sleep, by how hard it is to wake a person up - which may, or may not agree with the Bible. God often classifies things differently than modern man. For God, a *fish* is generally something that swims in the water. Therefore, whale may be a fish! This is just one example among multitudes...Modern researchers say that REM is the part of sleep where the greatest restoration occurs. This is where they say most dreaming occurs - or, at least the dreams you may remember.]

·3 The Bible Speaks Of Sleep That Can Be Sweet:

**Ecclesiastes 5:12** The **sleep of a labouring man is sweet**, whether he eat little or much: but the abundance of the rich will not suffer him to sleep.

·4 Dreams Can Therefore Be Very Pleasant:

**Psalms 126:1** When the LORD turned again the captivity of Zion, we were **like them that dream**.

2 Then was our mouth filled with laughter, and our tongue with singing...

"The latest research, published in *Alcoholism: Clinical and Experimental Research*, shows that while [an alcoholic] nightcap may get you to doze off, you're more likely to wake up during the night and **may not feel as rested** following your sleep..."The effect of consolidating sleep in the first half of the night is offset by having more disrupted sleep in the second half of the night'...drinking has long been known to reduce REM sleep..."  
(*Time*, Feb. 08, 2013)

"A new review of 27 studies shows that alcohol does not improve sleep quality...Alcohol tricks people into thinking they are getting better sleep..."  
(WebMD Health News, Jan. 22, 2013)

"...people can rapidly develop tolerance to the sedative effects of alcohol...Alcohol affects sleep, daytime alertness..."

(Timothy Roehrs, Ph.D., and Thomas Roth, Ph.D., *Sleep, Sleepiness, and Alcohol Use*)

"Alcohol-fuelled sleep 'less satisfying'..."

(BBC News, 2013)

"*Alcohol disrupts body's sleep regulator...* Researchers from the University of Missouri (MU) School of Medicine in Columbia, MO, report their findings in the journal *Alcohol*...based on these results, 'it's clear that alcohol should not be used as a sleep aid'...'Alcohol disrupts sleep and the quality of sleep is diminished'..."  
([www.medicalnewstoday.com](http://www.medicalnewstoday.com), Dec. 11, 2014)

"*Benefits of moderate drinking 'may be overestimated'*...the protective effects of alcohol may be confounded by categorizing former drinkers and never drinkers - who are often used as control participants - into one group...In addition, the researchers note that very few studies that hail the benefits of alcohol consumption have included older participants...the results suggest health professionals should 'discourage' findings indicating that alcohol use - even at low levels - has benefits for cardiovascular disease and mortality..."  
([www.medicalnewstoday.com](http://www.medicalnewstoday.com)., Feb. 11, 2015)

**Proverbs 23:33** Thine eyes shall behold strange women, and **thine heart shall utter perverse things.**

34 Yea, thou shalt be as he that **lieth down in the midst of the sea**, or as he that lieth upon the top of a mast.

35 They have stricken me, shalt thou say, and I was not sick; **they have beaten me, and I felt it not: when shall I awake?** I will seek it yet again.

**Song of Solomon 8:2**...I would cause thee to drink of spiced **wine of the juice of my pomegranate.**

"*Estrogenic chemicals often leach from BPA-free plastic products...*"  
(<http://www.ncbi.nlm.nih.gov/pubmed/24886603>; [Environ Health](#). May 28, 2014)

"A glass of grape juice taken upon retiring will often prevent insomnia and favor sound, refreshing sleep."  
(*Grape Juice as a Therapeutic Agent*, 1921)

"Scientists in Italy say they have discovered that **the grapes** used to make some of the most popular red wines contain high levels of the sleep hormone melatonin. (Journal of the Science of Food and Agriculture DOI 10.1002/jsfa2537)...It tells the body when it is time to sleep...Until recently, melatonin was thought to be exclusively produced by mammals but **has recently been discovered in plants...**"  
(Natural News, August 17, 2006)

"Cherry juice can help get a good night's sleep...The research also found that people who have regularly consume cherry juice have improved quality of sleep. Researchers from the School of Life Sciences at Northumbria University have found that...[tart] cherry juice significantly increases the levels of melatonin in the body, the hormone which regulates sleep...[Also, Cherry juice drinkers reported less daytime napping time..."  
(*The Telegraph*, Nov. 2011)

·5 The Blood:

**Luke 22:20** Likewise also the cup after supper, saying, This **cup** is the new testament **in my blood**, which is shed for you.

**Ephesians 1:7** In whom we have redemption **through his blood**, the forgiveness of sins, according to the riches of his grace;

**Hebrews 13:20** Now the God of peace, that brought again from the dead our Lord Jesus, that great shepherd of the sheep, **through the blood** of the everlasting covenant,  
**21 Make you perfect in every good work** to do his will, working in you that which is wellpleasing in his sight, through Jesus Christ; to whom be glory for ever and ever.  
Amen.

**Malachi 3:16** Then they that feared the LORD **spake often one to another:** and the LORD hearkened, and heard it, and a book of remembrance was written before him...

·6 The Holy Spirit:

**Ephesians 5:18** And be not drunk **with wine**, wherein is excess; **but** be filled with **the Spirit**;

**19 Speaking** to yourselves in psalms and hymns and spiritual songs, **singing** and making melody in your heart to the Lord;

**20 Giving thanks always** for all things unto God and the Father in the name of our Lord Jesus Christ;

**21 Submitting...**

**Jeremiah 20:9** Then I said, I will not make mention of him, nor speak any more in his name. But his word was in mine heart as a burning fire shut up in my bones, and I was weary with forbearing, and I could not stay.

·7 The Hope of Coming Kingdom Glory!

**Matthew 26:29** But I say unto you, I will not drink henceforth of this fruit of the vine, until that day when I drink it new with you in my Father's kingdom.

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